



Hemp Seed Oil : Discover the Healing Power with Ayuryog

Hemp seed oil , a key ingredient in Ayuryog products, is celebrated for its numerous health benefits in Ayurveda. Rich in essential fatty acids, particularly omega-3 and omega-6, it supports heart health and skin vitality. Its anti-inflammatory properties aid in treating conditions like eczema and acne.



Additionally, hemp seed oil nourishes hair, promoting growth and strength. This versatile oil is not only a nutritional powerhouse but also plays a significant role in holistic wellness practices, aligning with Ayurvedic principles of balance and healing