



# Highland Cardiac Rehabilitation in New York: Is It Right for You?

Cardiac Rehabilitation in New York offers a tailored program to help heart patients. It's ideal if you're recovering from a heart condition or surgery. Our experts guide exercise, nutrition, and stress management.

Look no further if you or your loved one is searching for [cardiac rehabilitation in New York](#). Highland Care Center is the best rehab center in Jamaica, Queens, NY. We offer extensive cardiac rehabilitation services to our residents.



## Cardiac Care In Queens

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[www.highlandrehabandnursing.com](http://www.highlandrehabandnursing.com)