



what are the common problems of Bells Palsy?



[Bell's Palsy](#) is a condition that causes temporary weakness or paralysis of the muscles on one side of the face. Common problems associated with Bell's Palsy include:

- 1- Facial Weakness or Paralysis:** The primary symptom is a sudden onset of weakness or paralysis on one side of the face, affecting the muscles responsible for facial expressions.
- 2- Drooping of the Mouth or Eyelid:** Due to the facial muscle weakness, the corner of the mouth may droop, and the eyelid on the affected side may also sag.
- 3- Loss of Taste:** Some individuals with Bell's Palsy may experience changes in taste or a loss of taste on the front two-thirds of the tongue.
- 4- Excessive Tearing or Drooling:** Difficulty in controlling facial muscles can lead to increased tearing or drooling.
- 5- Increased Sensitivity to Sound in One Ear:** In some cases, there may be heightened sensitivity to sound in one ear on the affected side.
- 6- Headache or Earache:** Pain or discomfort around the jaw or behind the ear on the side of the affected face is common.
- 7- Altered Production of Saliva:** Difficulty in managing saliva, leading to drooling or a feeling of dryness in the mouth.

8- Increased Sensitivity to Eye Irritants: Due to the inability to close the eye fully, the affected eye may be more susceptible to irritation.

9- Impaired Speech: Articulation and pronunciation of words may be affected due to the involvement of facial muscles.

10- Difficulty Eating or Drinking: Challenges in controlling facial muscles may make it difficult to eat or drink without spillage.

It's important to note that the severity and specific symptoms can vary among individuals with Bell's Palsy. While the condition often resolves on its own, medical evaluation and supportive care are crucial to manage symptoms and promote recovery. If you suspect Bell's Palsy, seek prompt medical attention for an accurate diagnosis and appropriate management.

Experience the path to better musculoskeletal health with [Dr. Kishan Mishra](#), your dedicated [physiotherapy in Borivali West](#). With extensive expertise, Dr. Mishra helps you regain mobility, alleviate pain, and enhance overall well-being.