



Top 10 Best Antacid Medicines in India : Zivi Herbals

Acidity, heartburn, and indigestion are common issues that affect millions of people across India. The modern lifestyle, which includes irregular eating habits, stress, and spicy food, often leads to an uncomfortable burning sensation in the chest or throat, commonly referred to as acid reflux. Thankfully, the market offers a wide range of **antacid medicines** that provide quick and effective relief from acidity and related symptoms.

In this article, we'll explore the [Top 10 Best Antacid Medicines in India](#), their key ingredients, benefits, and how they can help you combat acidity and heartburn.

1. Aciwash

Aciwash is one of the most trusted and widely used antacid brands in India. It comes in both tablet and liquid forms, offering quick relief from acidity, heartburn, and indigestion. The main ingredients in **Aciwash** are **magnesium hydroxide**, **aluminium hydroxide**, and **simethicone**, which neutralize stomach acid and reduce gas.

Why choose Aciwash?

- Instant relief from heartburn and acidity
- Available in pleasant flavors
- Reduces bloating and gas

2. Gelusil MPS Tablets and Syrup

Another popular choice for acidity relief is **Gelusil**. It contains a combination of **magnesium hydroxide**, **aluminium hydroxide**, and **simethicone**. This product is known for providing quick relief from both acid reflux and gas-related discomfort.

Benefits of Gelusil:

- Dual action on acidity and gas
- Available in tablets and liquid
- Suitable for regular use with minimal side effects

3. ENO Fruit Salt

When it comes to fast-acting antacids, **ENO** is often the first name that comes to mind. ENO's effervescent formula starts working within minutes, providing instant relief from acidity and

indigestion. It's available in various fruity flavors, making it more palatable for regular use. If you're exploring the **Top 10 Best Antacid Medicines in India**, ENO stands out as a reliable choice due to its quick action and consumer trust.

Why ENO is a top choice:

- Instant relief within 6 seconds
- Easy to dissolve in water
- Available in travel-friendly sachets

4. Pudín Hara

Pudín Hara is a natural antacid medicine made from **mint** extracts, providing a cooling effect to alleviate heartburn, acidity, and indigestion. This Ayurvedic remedy is a preferred choice for those who prefer natural treatments for acidity. Among the **Top 10 Best Antacid Medicines in India**, Pudín Hara holds a significant place for its herbal composition and soothing relief.

Key benefits of Pudín Hara:

- Herbal remedy with no chemicals
- Provides a soothing effect
- Relieves indigestion and gas

5. Rantac Tablets

Rantac contains **ranitidine**, which works by reducing the production of stomach acid. It's commonly prescribed for treating heartburn, acid indigestion, and conditions like **gastroesophageal reflux disease (GERD)**. As one of the **Top 10 Best Antacid Medicines in India**, Rantac is trusted for its effectiveness in providing long-lasting relief from acid-related conditions.

Advantages of Rantac:

- Long-lasting relief from acidity
- Effectively treats acid reflux and ulcers
- Widely available across India

6. Pan-D Capsules

Pan-D is a combination of **pantoprazole** (a proton pump inhibitor) and **domperidone**. It is an advanced formula that not only reduces acid production in the stomach but also helps manage nausea and bloating associated with acid reflux. Recognized among the **Top 10 Best Antacid**

Medicines in India, Pan-D is highly effective for individuals dealing with chronic acid reflux and related digestive discomforts.

Why Pan-D is recommended:

- Treats severe acid reflux and GERD
- Offers relief from nausea and bloating
- Prolonged action for chronic acidity issues

7. Omez Capsules

Omez contains **omeprazole**, another proton pump inhibitor (PPI) that helps in reducing excess acid production in the stomach. It's particularly effective for individuals who suffer from frequent heartburn and acid-related stomach issues. As one of the **Top 10 Best Antacid Medicines in India**, Omez is widely recommended for long-term management of acidity and gastroesophageal reflux disease (GERD).

Benefits of Omez:

- Effective in reducing stomach acid
- Long-lasting relief for chronic acid reflux
- Suitable for GERD patients

8. Aciloc Tablets

Aciloc contains **ranitidine**, similar to Rantac, and is used to reduce the amount of acid produced in the stomach. It is commonly used for treating heartburn, indigestion, and ulcers caused by excess stomach acid. Listed among the **Top 10 Best Antacid Medicines in India**, Aciloc is trusted for its reliable relief from acid-related conditions and gastrointestinal discomforts.

Why Aciloc is popular:

- Quick action against heartburn
- Reduces acid production effectively
- Safe for both short-term and long-term use

9. Zinetac Tablets

Another antacid that contains **ranitidine**, **Zinetac** is widely used to treat stomach acidity, ulcers, and acid reflux. It is an H₂ receptor blocker that provides fast relief from heartburn and indigestion. Zinetac earns its place among the **Top 10 Best Antacid Medicines in India** for its quick action and effectiveness in managing acid-related disorders.

Benefits of Zinetac:

- Rapid relief from heartburn and acid reflux
- Widely prescribed for treating ulcers
- Available in various dosages

10. Histac Tablets

Histac, containing **famotidine**, is an effective H2 blocker used to manage acidity, heartburn, and indigestion. It's known for providing relief from acid-related stomach issues and is often recommended for long-term treatment of GERD. Among the **Top 10 Best Antacid Medicines in India**, Histac is favored for its sustained action and reliability in managing chronic acid reflux conditions.

Advantages of Histac:

- Effective acid control for prolonged relief
- Treats GERD and peptic ulcers
- Reduces acid production in the stomach

How Do Antacid Medicines Work?

Antacids are medications designed to neutralize the acid in your stomach. They work by either blocking the production of excess acid or by neutralizing existing acid, providing relief from heartburn and acid reflux. Most antacids contain ingredients like **magnesium hydroxide**, **aluminium hydroxide**, or **calcium carbonate** that neutralize stomach acid, while others contain **proton pump inhibitors** or **H2 blockers** to reduce acid production. Many of these options, such as those featured in the **Top 10 Best Antacid Medicines in India**, offer effective solutions for managing acidity and promoting digestive comfort.



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 www.ziviherbals.in

 +91- 90236- 39358



Conclusion : Top 10 Best Antacid Medicines in India

Acid reflux and heartburn are common health issues that can be easily managed with the right antacid medication. The [Top 10 Best Antacid Medicines in India](#) listed above offer various options to suit different needs, from immediate relief to long-term management of acidity. Whether you prefer herbal solutions like **Pudin Hara** or fast-acting formulas like **ENO**, there's a solution for everyone.

Choosing the best antacid depends on the severity of your symptoms and how frequently you experience them. It's always a good idea to consult with a healthcare professional to find the most suitable treatment plan for your needs.