



GREEN TEA CAPSULE FOR FAT LOSS & METABOLISM BOOST

[Green Tea Capsule](#) is a type of fat burner that is made from *Camellia sinensis* leaves and buds that have not undergone the same withering and oxidation process used to make oolong teas and black teas. Green tea originated in China, but its production and manufacture have spread to other countries in East Asia.



Benefits Of Green Tea Capsule

- (a) Green Tea has protective antioxidant properties and bioactive nutrients that support weight loss, blood sugar regulation and overall detoxification.
- (b) It reduces that feeling of heaviness and helps clear the mind.
- (c) Anti-inflammatory, it supports heart health and builds immunity.
- (d) It reduces signs of aging and stimulates skin renewal and rejuvenation.
- (e) It regulates cholesterol and enhances blood circulation.
- (f) It is beneficial for brain and neural health.
- (g) It eases inflammation and supports muscle tone.
- (h) It lowers stress, burns fat and speeds up metabolism.

Dosage Recommendations For You

- (a) The recommended dosage of green tea extract is between 250–500 mg per day, Or
- (b) As Directed by a physician.

Where To Buy

Bioayurveda provide ayurvedic products in beauty care, health care; personal care, like ayurvedic anti-hair fall shampoo for hair loss, [anti body oil](#) is helpful in reducing fat cells from everyone but specifically from women, Shatavari Capsule helpful in women's milk reproductions, [Shilajit](#) helpful in for stamina & anti-aging rejuvenation and strength, Some Ayurvedic Face Cream for skincare which helpful in (TM- Toning, and Moisturizing) like Toning Face Cream in this ayurvedic cream no any chemical or any alcohol are used. Our Products are pure ayurvedic products. To buy ayurvedic products, go to the Ayurveda store near you.