



How Can Weight Lifting lead You to ED

Filagra CT 100 medicine is an innovative form of medicine used to treat erectile dysfunction (ED). This medicine is one of the generic solutions that are manufactured by a renowned pharmaceutical company known as Fortune Healthcare Pvt. Ltd. The medicine enhances the blood supply to the male organ for promoting a penile erection.

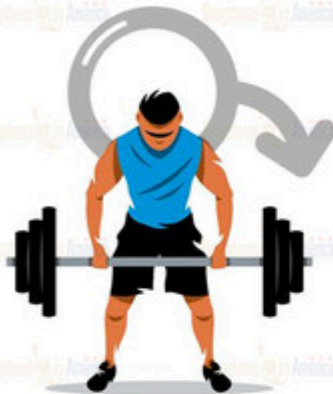
Store Link:

<https://drugstoresinamerica.co/filagra-ct-100>



HOW CAN WEIGHT LIFTING LEAD YOU TO **ERECTILE DYSFUNCTION**

WEIGHT LIFTING & ED: IS THERE A LINK?



- Weight training has a lot of benefits for the body but it also comes with some potential negative effects as well.
- One of the potential dangers of weight lifting might be erectile dysfunction.
- If you lift weights, you may have read those men who lift weights more than recommended or normal could be in real danger of suffering from erectile dysfunction.

THE DAMAGE SUSTAINED FROM HEAVY WEIGHT LIFTING

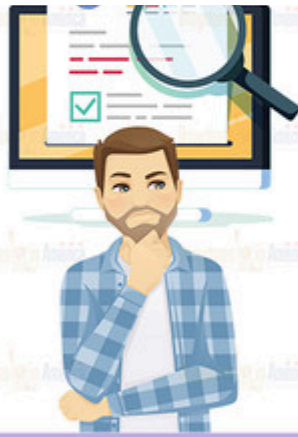


- The majority of people are familiar with the fact that in heavy weightlifting they put extra pressure on the arteries and it is not uncommon for the arteries to get injured.
- There are arteries in the penile that can get damaged.
- When this happens there is not sufficient blood flow for a person to gain & maintain an erection which leads to ED.
- Apart from the arteries, extra pressure is placed on the testis as well.

WHAT DOES THE RESEARCH SAY?



- Here is no evidence that weight lifting can direct cause ED.



- Exercise in general & muscle-strengthening workouts, in particular, have shown to be a protective factor against ED men.
- These men who keep in good shape are less likely to find themselves struggling to achieve and sustain an erection than those who are overweight.
- If you lift weights, that alone is therefore highly unlikely to be the cause of any erection problems you may be suffering from.

MEDICINE TO TREAT ED



FILAGRA CT 100
& TREAT YOUR ERECTION FROM ROOTS.

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