



FENGSHUI Well-designed bathroom

A well-designed **bathroom**, according to the principles of Feng Shui, is a harmonious oasis that I, as an interior architect, [Zuzanna Kowalczyk](#), take pride in creating.

In the realm of interior design, bathrooms often tend to be overlooked, but their significance in our daily lives cannot be underestimated. When designed with the wisdom of Feng Shui, a bathroom becomes more than just a functional space; it becomes a sanctuary of balance and positive energy.

Here's how I approach the design of a bathroom, guided by the principles of Feng Shui:

1. **Optimal Layout:** The layout of the bathroom is crucial. I ensure that fixtures and elements are placed to maximize energy flow and comfort. This includes the placement of the toilet, sink, and shower or bathtub.
2. **Color Palette:** Colors play a significant role in Feng Shui. I carefully select a color palette that not only aligns with the client's preferences but also promotes relaxation and serenity. Soft, soothing colors are often chosen to create a tranquil atmosphere.
3. **Natural Elements:** Incorporating natural elements is a key aspect of Feng Shui. I introduce elements like wood, stone, and water to the bathroom design. This might involve wooden cabinets, stone countertops, or even a small indoor plant to infuse the space with natural energy.
4. **Proper Lighting:** Adequate lighting is essential for both functionality and ambiance. I utilize well-placed, soft lighting to create a warm and inviting atmosphere. Natural light is also a priority, when possible, to enhance the connection with the outdoors.
5. **Clutter-Free Space:** Clutter disrupts the flow of energy. I focus on efficient storage solutions to keep the bathroom organized and free from unnecessary clutter.
6. **Balance and Symmetry:** Feng Shui emphasizes balance and symmetry. I aim for a balanced arrangement of fixtures and decor elements, creating a sense of harmony in the bathroom.
7. **Enhanced Ventilation:** Proper ventilation is essential to prevent stagnation of energy. I ensure that the bathroom has good airflow and ventilation, which is vital for maintaining a healthy atmosphere.

A Feng Shui-inspired bathroom isn't just about aesthetics; it's about promoting well-being and balance in one's daily life. It's a space where you can unwind, recharge, and cleanse both your body and your spirit. As an interior architect, I take great joy in crafting such spaces, where

every design choice is made with intention, and where the result is a bathroom that truly enhances the quality of life for its users.



