



## 3 Types Of Best Cognitive Enhancers

Nootropics or [smart drugs](#) have cognitive-boosting and wakefulness-promoting effects. They are considered the best cognitive enhancers because they directly have an action on the brain, improving mental performance and memory



## 3 TYPES OF BEST

# COGNITIVE ENHANCERS

Cognitive enhancers are often used to boost cognition, memory, and alertness.

#1

### Eugeroics

Eugeroics promote wakefulness and alertness. They also improve cognition and memory.

Examples: Modafinil (Provigil) and Armodafinil (Nuvigil)

#2

### ADHD Medications

Some cognitive enhancers are used for the treatment of ADHD.

Examples: Methylphenidate (Ritalin) and Amphetamines (Adderall)

#3

### Nootropic Supplements

Some nootropic supplements contain the best cognitive enhancers that are natural.

Examples: B Vitamins, Fish Oil, Ginkgo Biloba and Bacopa Monnieri

## GET IN TOUCH WITH US



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