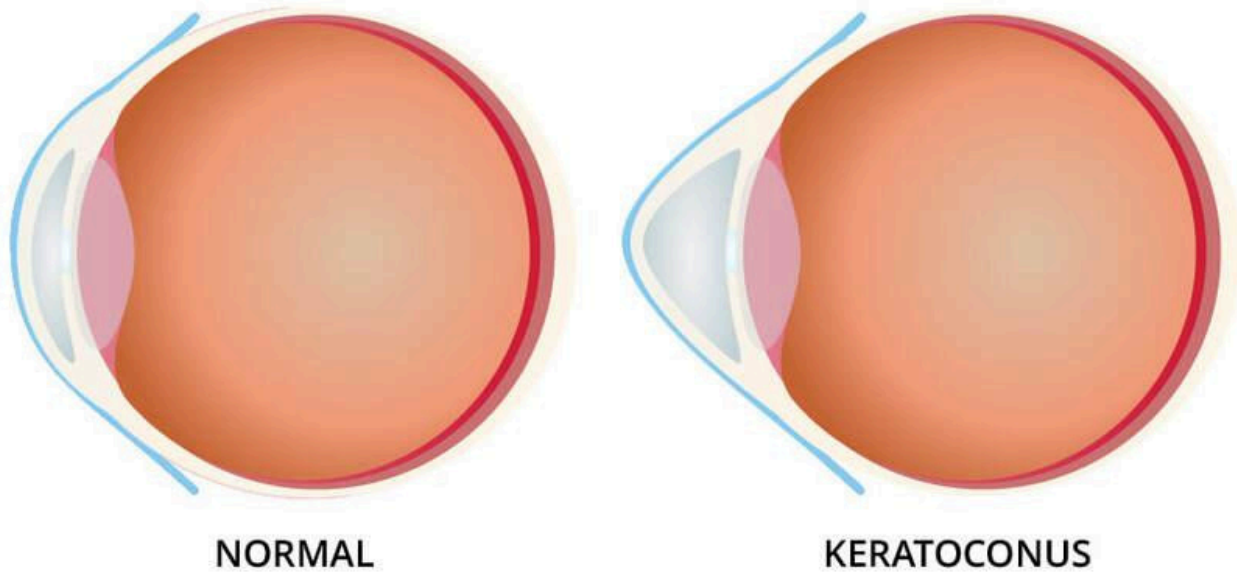




Dr. Seema Behl on Keratoconus: Post-treatment Progression Awareness.



[Keratoconus](#) is a progressive eye condition causing the cornea to thin and bulge into a cone shape. Despite treatment, it can continue to progress.

- 1. Glasses or Contact Lenses:** Manage mild to moderate cases initially with glasses or soft contact lenses to correct vision distortions.
- 2. Rigid Gas Permeable (RGP) Contact Lenses:** Provide better visual correction for advanced cases by offering a smooth optical surface.
- 3. Corneal Cross-Linking (CXL):** A minimally invasive procedure using riboflavin eye drops and UV light to strengthen and stabilize the cornea, slowing progression.
- 4. Intrastromal Corneal Ring Segments (ICRS):** Implant small rings into the cornea to reshape it, improving vision and stability.
- 5. Corneal Transplant:** Considered in severe cases when other treatments are ineffective; a more invasive option with potential risks and a longer recovery.

Despite interventions, keratoconus can progress, especially if genetic factors persist. Regular follow-ups are crucial to monitor and adjust treatment plans.

Individual responses vary, and additional interventions or adjustments may be needed. If concerned about treatment or changes in vision, consult with an eye care specialist for evaluation and recommendations.

For more information, Schedule a consultation with [Dr. Seema Behl](#) one of the Top [Ophthalmologist in Andheri West](#) or you can [contact us](#) on **9321842424**.