



The Bedtime Story Project: Mastering Bedtime Reading - Walter Hoge

Remember snuggling with your child, book between you, the scent of baby shampoo under your nose? Most of us think such moments are gone after our snuggler learns to read. But they don't have to be! Save the ritual, and you can help her (or him) become an even better reader than she is right now.

All children need and adore stories. Yet studies find out that there were only 35% of parents who read their kid's bedtime stories. Parents all know what it's like to get home after a long day – you're trying to do the dinner, get the bath on, feed the cat (or even just find the cat). Sometimes the last thing you want to do is curl up and read, especially if it's a book you've read a thousand times before. This is one of the reasons for not reading to their kids, while others conveyed that they couldn't lure their kids away from the TV and computer games.

Well, try harder. Reading to your kids is the absolute best time parents and children have together. You snuggle up; it's calm and cozy. There is nothing that reduces stress more than 20 minutes of reading together. Plus, reading bedtime stories is some of the best times you will have with your kids. So here are some of my top tips to make reading with your little beloved a special time for everyone.

Read full article here: <https://walterhogebooks.com/the-bedtime-story-project-mastering-bedtime-reading/>

