



Consult With Mental Health Counselors

If you or your loved one needs full-time supervision from a [mental health professional](#) that help with anxiety, depression, eating disorders, or finding solutions to chemical dependency issues, consult with Insight Therapy LLC. Our professional therapists provide a variety of therapy services that are exclusively designed to your needs.



Mental Health Counselor

Get help to overcome the barriers to a happier life. Talk with a professional Therapist Online.

WE ARE HERE TO HELP AND LISTEN

Insight Therapy LLC

Contact Us 



(217) 383-0151