



Adele Las Vegas Residency a Success Despite Challenges with Chronic Back Pain



Adele isn't going to let anything stop her from putting on an amazing performance at her Las Vegas residency.

The singer, who kicked off his The Weeknd With Adele concert in November, revealed he suffered from severe back pain that made it difficult to walk while performing at Caesars Palace's Colosseum on New Year's Eve. .

Adele can be seen hobbling across the stage after interacting with an audience member in a video clip from the performance that the Daily Star has obtained. As she hurried to get from one side of the stage to the other, she elaborated, "I have to waddle these days as I have really bad sciatica."

Despite her back pain, Adele's performance was amazing. She sang hits like "Hello" and "Rolling in the Deep" while the audience stood up to sing and dance.

Adele's Las Vegas residency was a highly anticipated event and it is clear that nothing can stop the singer from giving her fans the best possible performance. She is a true professional and we all give us inspiration.

Back Pain

Adele previously opened up to The Face in a recent interview about her battle with persistent back pain. When she was 15 years old, a bad sneeze caused her to slip a spinal disc, which is when the singer's back pain first manifested itself.

"I've been in pain with my back for, like, half of my life, really," Adele said. "It flares up, normally due to stress or from a stupid bit of posture."

Adele's back pain is caused by sciatica, a health condition that affects the sciatic nerve in the body.

Sciatica can be caused by a "herniated disk or an overgrowth of bone puts pressure on part of the nerve," according to the Mayo Clinic. This can lead to inflammation, pain, and numbness in the lower back, hips, glutes, or legs.

Despite her chronic back pain, Adele has not let it stop her from performing at her sold-out, show-stopping concerts. She continues to deliver powerful performances, singing fan favorites such as "Hello," "Set Fire to the Rain," "I Drink Wine," and "Rolling in the Deep."

Adele recently posted a collection of photos from her performances on Friday and Saturday, including a photo of her wearing a "Happy New Year" headband.

Adele's dedication to her craft is inspiring, and she continues to amaze audiences with her talent and determination. We wish her a fast recovery and hope to see her continue to deliver amazing performances in the future...[Read More](#)

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