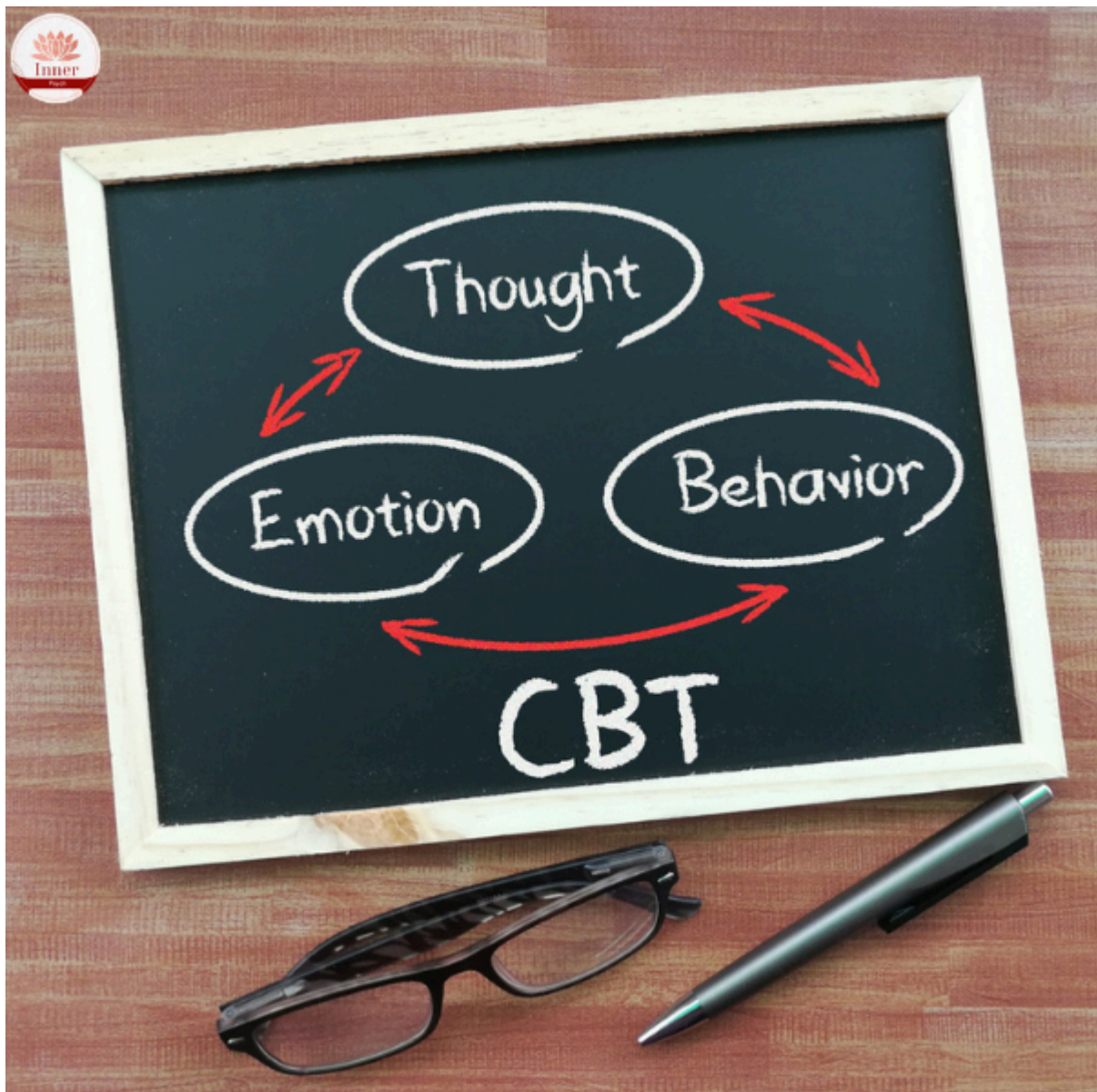




Cognitive Behavioral Therapy & Psychologist Appointment

To learn more about [cognitive behavioral therapy](#), what is involved and whether this will help, you can contact a trained psychologist in Sydney or Canberra via telephone. We will consult with you, explore your situation and answer any questions you may have. Talk to a [psychologist in Canberra](#),



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or anywhere else in Australia.