



# Is it possible to have secret diseases due to High Blood Pressure?

Talking about blood pressure has become a common thing in today's daily routine. Due to blood pressure, there is also a lot of weakness in sexual power. Blood flows from the heart through the arteries all the time. A healthy and healthy person's high blood pressure should be between 100 to 140 and low blood pressure between 60 and 90. Mental trouble, more anger, sadness, not working hard and using too much oil-spicy things can also lead to a complaint of blood pressure disease. On the contrary, if excessive consumption of alcohol, tobacco or smoking etc., then the problem of blood pressure can increase in more quantity. A study has shown that high blood pressure can lead to loss of interest in sex, premature ejaculation, and impotence. A heart attack can also occur if the complaint of blood pressure lasts for a very long time.

## **Blood pressure during sex:**

Blood pressure may not remain the same all the time. Blood pressure increases somewhat due to mental trouble, being more angry, being afraid and working hard. During intercourse, there is a rapid circulation of blood in the body. During sex, the heart rate increases from 70-80 to 100-120 but reaches around 130-160 by reaching the peak. The woman who has sex while having sex also needs more and more blood. Therefore, the heart rate and blood pressure also increase very much. [Sex doctor in Indore can easily treat your sexual problems contact them.](#)

## **Control of blood pressure:**

Blood pressure patient has to face sex problems in many ways. For a long time, the patient suffering from high blood pressure starts to feel like having sex, early fall of semen and problems of emaciation. To stop the progression of high blood pressure, it is very necessary for the patient to make changes in his whole day's care and eating habits. When a patient of high blood pressure has sexual intercourse, his high blood pressure becomes very high. Because of this, he may complain of heart disease, angina or paralysis.

If the patient of high blood pressure uses bidi-cigarettes, alcohol and betel-tobacco a lot, then he should stop all these substances immediately. They should always take fluids. Fat and fatty food should not be used. Salt should not be used in food at all. Yoga and asanas should be done according to the need. The medicines used by people of high blood pressure can also harm sex power. This thing must be kept in mind.

### **Blood Pressure Medicine:**

Medicines used to correct high blood pressure affect sex power. According to the Italian inventor, the use of atenolol and lisinopril, the drugs used to control high blood pressure, causes a lot of weakness in men's sex power and body. Scientists say that medicines that increase the amount of urine also reduce most of the sex power. But medicines like captopril used in high blood pressure do not attract sex power. [If there is a decrease in sex power by taking high blood pressure pills, then you can consult your sexologist in Indore.](#)

**Hypertension  
affects the  
flow of blood**

