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COVID Symptoms

COVID Symptoms

https://justpaste.it/8x5q4 / https://justpaste.it/8x5q4/pdf

1/31/2022

Outbreaks Near Me / *Boston Children's Hospital & Harvard Medical School*

A **Rapid Test Survey** focused on collecting data from at-home COVID-19 tests

We are collecting self-reports of COVID-19 rapid tests and results to aid public health research.

As you, and your household take at-home tests, please consider reporting your results.

How do I add household members?

1. Visit www.outbreaksnearme.org
2. Log in and select "Welcome" in the top right corner
3. Select "Account Settings"
4. Scroll to "Household Members"
5. Select "Add Member"

User Survey: https://survey.alchemer.com/s3/6398796/ONM-User-Survey-2021

1/27/2022

What we know about the symptoms — and the severity — of the omicron variant

NPR January 6, 2022

https://www.npr.org/sections/health-shots/2022/01/06/1070622880/what-we-know-about-the-symptoms-and-the-severity-of-the-omicron-variant

1/7/2021

Long Covid: What is it and what are the symptoms?

https://www.bbc.com/news/health-57833394

1/4/2021

Ashish K. Jha, MD, MPH @ashishkjha

https://twitter.com/ashishkjha/status/1478576266538373120?s=20

What would ideal COVID Isolation guidance be?

Once rapid antigen tests are cheap & ubiquitous

1. Isolate for first 5 days
2. Then test daily
3. Negative X 2 days? End isolation. Good to go
4. Positive? Remain in isolation until 2 negs or 10 days
I think its that simple

1/4/2022
Omicron symptoms: Is a runny nose a cold or Covid?
BBC: 23 December 2021
https://www.bbc.com/news/health-54145299

12/27/2021
The CDC says that people who test positive for COVID-19 only need to isolate themselves for 5 days if they don't show symptoms. This cuts in half the earlier recommendation of 10 days of isolation.
https://www.npr.org/sections/coronavirus-live-updates/2021/12/27/1068358102/cdc-quarantine-covid

12/25/2021
Omicron variant symptoms resemble another major virus: Parainfluenza
https://www.msn.com/en-us/health/medical/omicron-variant-symptoms-resemble-another-major-virus-doctor-says/ar-AAS5Y60
CDC: Human parainfluenza viruses (HPIVs)
https://www.cdc.gov/parainfluenza/about/symptoms.html

12/24/2021
Omicron early data on symptoms
Miami Herald: December 20, 2021
What are symptoms of the omicron coronavirus variant? Here's what early data shows
https://www.miamiherald.com/news/coronavirus/article256732802.html
Runny nose, headache, fatigue, sneezing and sore throat were the most common symptoms among London residents, with some people also reporting loss of appetite and brain fog, data shows.
Typically, COVID-19's "classic three symptoms" include fever, cough or loss of smell or taste, but only 50% of people in the early analysis infected with delta or omicron experienced them.

CDC: Omicron symptoms - December 17, 2021
https://www.cdc.gov/mmwr/volumes/70/wr/mm7050e1.htm

"The most commonly reported symptoms were **cough, fatigue, and congestion or runny nose**."

London ZOE COVID Study - December 16, 2021
Omicron and cold-like symptoms rapidly taking over in London
https://covid.joinzoe.com/post/omicron-and-cold-like-symptoms-rapidly-taking-over-in-london
The top five symptoms reported in the ZOE app were:

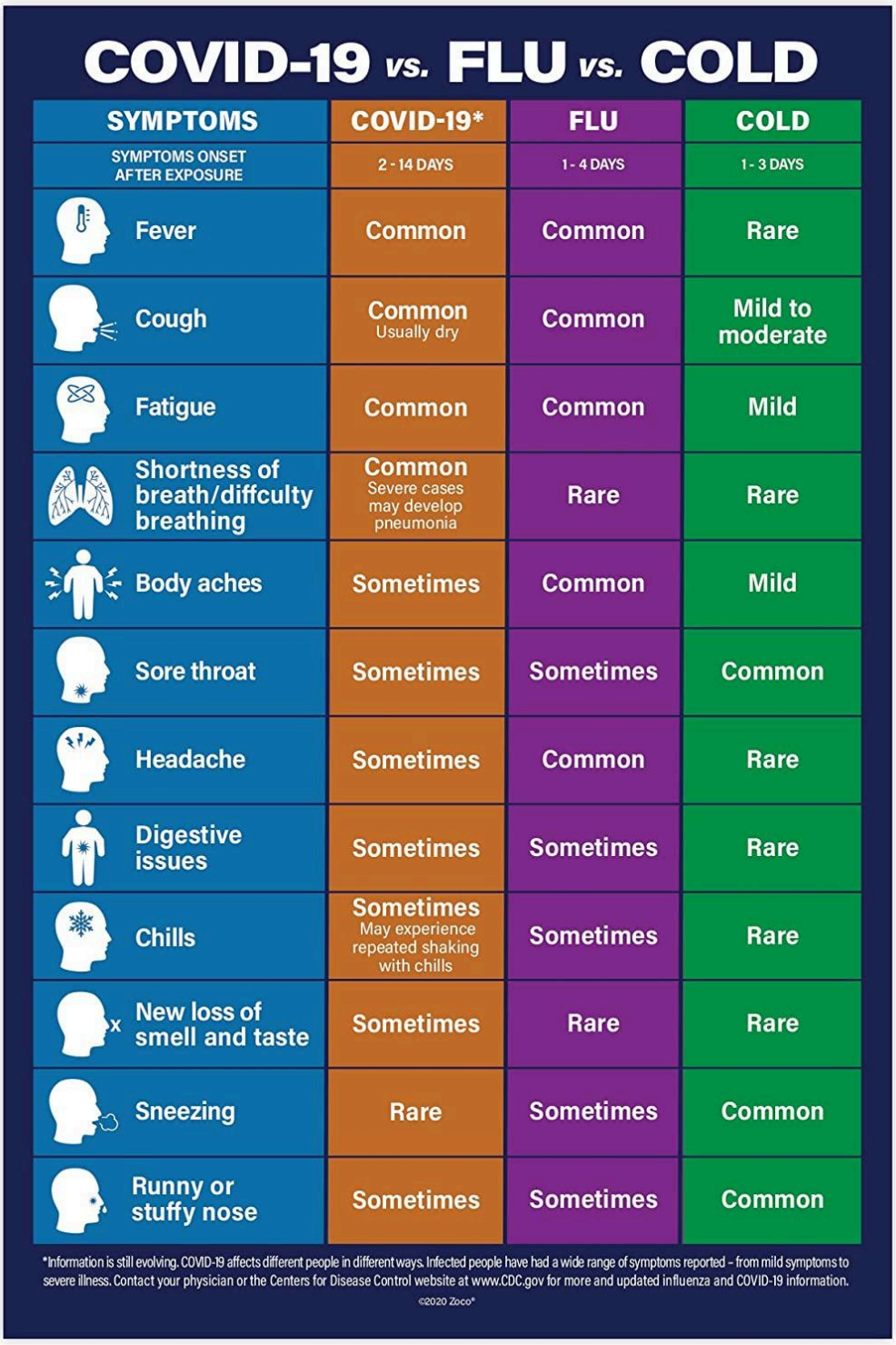
- **Runny nose**
- **Headache**
- **Fatigue (either mild or severe)**
- **Sneezing**
- **Sore throat**

12/23/2021

5 Pack: COV-19 vs. Flu vs. Cold Poster - Cold Flu COV-19 Signs Chart

- Cov-19 Symptoms Chart - Not Laminated, 12 x 18 in. $24.99 + $2.99 shipping

https://smile.amazon.com/dp/B08GSSNXJR/



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COVID Resources

https://tinyurl.com/AG-COVID