



# Causes And Treatment For Dark Spots On Your Skin

Dark spots may range from light brown to dark brown while the colors of the dark spots depend on the skin tone of the person. Let us know the causes and treatment for dark spots on your skin! -----Causes - 1] Sun Damage, 2] Hormonal Changes, 3] Side Effects Of Medication 4] Irritation.-----Treatments - 1] Microdermabrasion, 2] Chemical Peels, 3] Skin Whitening treatment, 4] Laser Treatment Visit Metamorphosis Clinics in Mumbai and Delhi located near You For Best Skin Treatment for Dark Spots also popularly known as [Celebrity Skin Whitening Treatment](#).



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### CAUSES



#### SUN DAMAGE

Areas of the body that are more exposed to the sunrays develop sunspots. These areas are hands, arms, and face.

#### HORMONAL CHANGES

Small patches of skin discoloration may occur due to a skin condition called Melasma. As per the study, hormones may aid in triggering melasma.



#### SIDE EFFECTS OF MEDICATION

The most common medications that lead to skin pigmentation and dark spots are tetracyclines, NSAIDs, and psychotropic drugs.

#### IRRITATION

Some cosmetic skin or hair products can cause irritation leading to dark patches. Additionally, Diabetes And Wound Healing may also cause dark spots on the skin.



### TREATMENTS

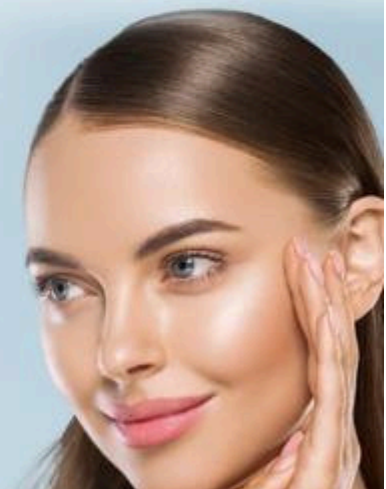
#### MICRODERMABRASION

During this treatment, the dermatologist removes the outer skin layer with the help of a special device. It helps new collagen to grow while reducing the dark spots.

#### CHEMICAL PEELS

In the Chemical Peels treatment, a solution is applied to the skin that exfoliates the skin surface leading to the growth of new skin. This eventually makes the dark spots lighter.

#### SKIN WHITENING TREATMENT



There are also some skin whitening supplements that are a part of the celebrity skin whitening treatment. Additionally, there are injections as well that offer excellent skin whitening effect.

## LASER TREATMENT

Intense pulse light laser is the most popular laser treatment. During this treatment, the light focuses primarily on melanin while breaking up the dark spots.



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