

The Impact of HVAC Systems on Indoor Air Quality

In recent years, there has been a growing concern about the quality of the air we breathe indoors, as it plays a major role in our overall health and well-being. With more time spent indoors, particularly in air-conditioned spaces, understanding the impact of HVAC systems on indoor air quality has become crucial. This article aims to provide an overview of how HVAC systems can affect indoor air quality and what measures can be taken to improve it.

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