



How to Walk with a Dynamo Walking Can

It's not at wrist height and the elbow should never be straight while holding the [walking cane](#). Keep adjusting until you get it correct. Now it is at wrist height, with a slight bend in the elbow.... perfect. The optimal way to use a cane is to place it in the opposite hand of the weak or involved side. In this case, his left lower extremity is involved. To practice the correct pattern, stand still and move the cane and the involved side together. When you dance, you move with your partner. The cane and the involved side are partners, so they always have to move together.



FEATURES:

-  **BEST GRIP ON A CANE**
with EVA Soft Foam
-  **SAFETY**
tether for added support
-  **UNLIMITED ADJUSTABILITY POINTS**
-  **HEAVY DUTY**
lightweight aluminum
-  **PIVOTING BASE**
more traction on the ground
-  **TRUE OPEN**
channel design that allows the water to escape

Note that the angle of his leg and the cane are the same, this is correct. The cane is now on the same side as the involved side. The [Dynamo Walking cane](#) is the correct hand, but it is not moving together with the involved left side. Again, not correct. The angle of the cane and the angle of his involved side should be the same. Going up the steps, one step at a time, step up with the uninvolved side first followed by the involved side and cane together. Always remember to hold the rail. Going up the steps reciprocally simply keep the cane on the same step as the involved side. Remember, they always go together. When coming down the steps, step down with the involved side and cane first. Then followed by the uninvolved side. If done reciprocally simply keep the cane on the same step as the involved side. Remember to always hold the rail.