



## Does high blood pressure affect your Kidney?

Dive into the crucial connection between high blood pressure and kidney health in our video. Explore how hypertension impacts the kidneys, increasing the risk of kidney disease. Gain insights on preventive measures and lifestyle changes for a healthier, well-balanced life.

உயர் இரத்த அழுத்தம்  
மற்றும்  
சிறுநீரக ஆரோக்கியம்

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