



What You Need To Know About Mini-Gastric Bypass Surgery

Perhaps you have already made your mind up to undergo weight-loss surgery and seeking more information on different bariatric surgery procedures. Mini-Gastric surgery, also known as One Anastomosis Gastric Bypass (OAGB), is a minimally invasive surgical procedure performed with the well-known laparoscopic technique. In this article, we have shared some facts about [mini-gastric sleeve surgery](#) to help you decide whether the procedure is the right for significant weight loss or not.

The surgery duplicates the results of Roux-en-Y gastric bypass

The mini-gastric bypass is an alternative to Roux-en-Y gastric surgery. It duplicates the results of traditional bypass surgery to create a more streamlined process.

The mini-gastric bypass procedure is highly successful

Most patients are concerned about the success rate of any medical procedure. Research has found the success rate of this procedure is more than 85%, and even after five years of the surgery. When people lose a significant amount of weight via mini-gastric bypass, they enjoy the results even after several years.

The surgery isn't as risky as commonly believed

The risks involved with mini-gastric bypass surgery are always outweighed by health risks associated with obesity. Excess weight puts the patient in the danger zone of several diseases, including Type -2 diabetes, stroke, heart disease, and certain types of cancer.

It's a two-part procedure

During OAGB, surgeons first reduce the size of the stomach to restrict the absorption of foods and then bypass a portion of the upper intestine. The technique reduces the absorption of calories and helps you feel fuller faster than usual.

Improves health

Not only the mini gastric-bypass surgery helps you reduce excess fat and reach your weight goal, but it also improves several weight-related health conditions, including high blood pressure, high blood cholesterol, diabetes, depression, and more.

Less scar on stomach

As mentioned earlier, the surgery is performed laparoscopically, which makes small scars on your stomach. It also reduces the risk of infection, causes less pain, and promotes faster recovery.

People with a BMI of 35 or above are eligible for OAGB

The surgery is the right solution for those who have a BMI (Body Mass Index) of 35 or above and also suffer from obesity-related medical problems. If you drink alcohol in excess or have an illegal drug dependence, it is best to meet a surgeon for mini-gastric sleeve surgery to know the eligibility.

The surgery can be easily financed

You may find many medical finance companies who are willing to split the cost of the procedure into cost-effective payment plans.

The procedure is an emotional journey for patients

As reaching the weight goal is overwhelming for most patients, it is recommended to look for a specialized support system to analyze individual progress.

Mini-gastric bypass surgery helps you sleep better

Obesity often results in sleep apnea and other sleep-disordered breathing conditions. Studies have shown a significant improvement in sleep patterns in patients after the surgery.

The bottom line is OAGB is an ideal solution if you have a BMI of 35 or above and obesity-related medical conditions. To know more about the mini-gastric sleeve surgery, meet a reputed surgeon and their team at once.