



## Deep Tissue Thai Massage



# Thai Massage

[www.irvinethaimassage.com](http://www.irvinethaimassage.com)

Deep tissue Thai massage is a form of massage that is designed to relieve muscle pain and soreness. It is particularly beneficial to those with chronic or persistent muscular pain. This type of massage is performed with firm but gentle pressure to target knots and adhesions in the deeper layers of the body's connective tissue. During this treatment, the therapist uses fingers, hands and elbows to move the client's muscles into a loosened state.