



Compliments That Go Deeper Than Appearance

Do you ever wonder what's the best way to compliment someone? Have you ever tried a compliment that goes beyond someone's appearance? You may wonder what these are and what they may sound like?

Building a person's confidence by complimenting them on their physical appearance links their identity to their beauty when the two shouldn't be related. Non-appearance-based compliments are a good way to appreciate someone. They may sound good to someone who really needs some motivation to work. They may deepen your relationships and may create a healthy environment too.

For any mental health assistance, contact us at

www.happitudestudio.com

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Thank you for
being a safe
person for me



I admire how
open minded
you are



You are
great at
setting
boundaries



I admire how
honest you
are



I am proud of
you



It's easy to
be myself
around you

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