

Best Physical therapy in Kolhapur

<u>Best Physical therapy in Kolhapur</u> is a medical science that aims to restore and maintain physical function, improve quality of life and prevent disability. It is a treatment that helps people with injuries or illnesses to regain movement and reduce pain.

The word "physical" in the phrase physical therapy means "of or pertaining to the body as opposed to the mind or spirit". A physical therapist (PT) is someone who specializes in this field. Physical therapists work with patients in order to help them recover from injury, illness, surgery, or disability. They teach patients exercises and stretches for their specific condition, as well as how to use assistive devices such as crutches or wheelchairs.

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