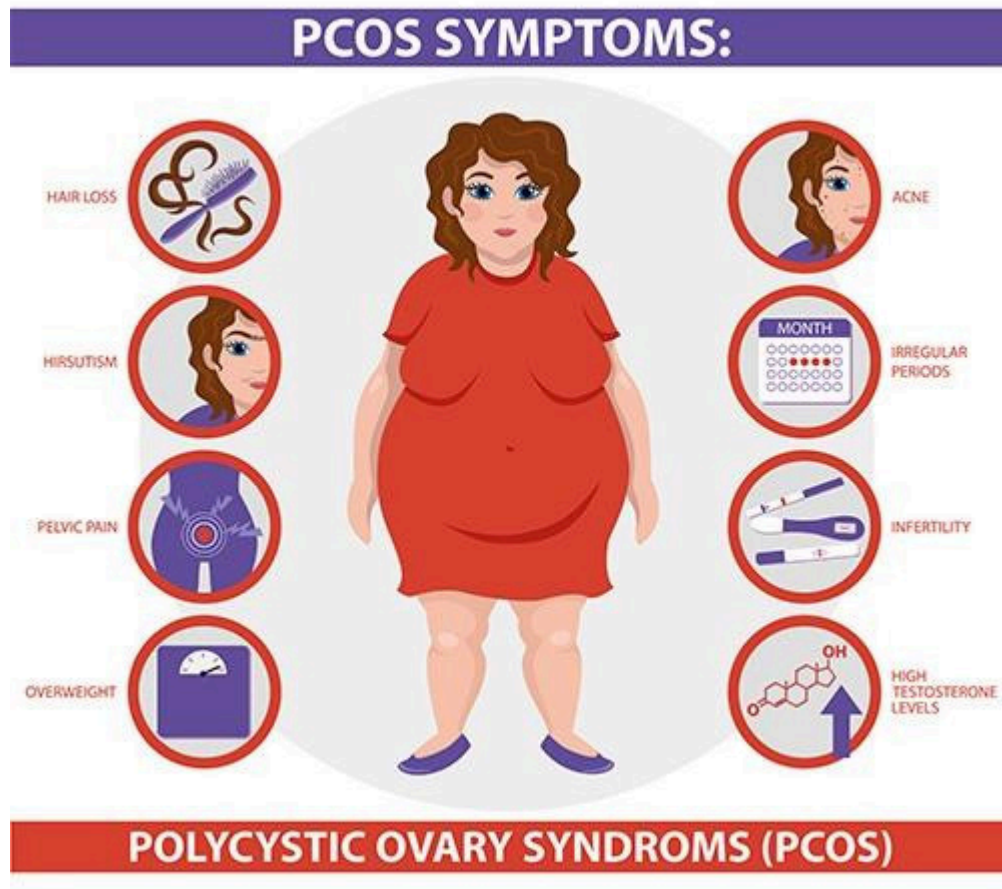




Gynecologist for PCOS Treatment in Dahisar | Dr. Kausha Shah



[PCOS](#) is a common endocrine and reproductive condition in women of reproductive age. One in every 10 women in India has polycystic ovary syndrome (PCOS). Women with PCOS may have irregular or prolonged menstrual cycles, as well as high amounts of male hormone (androgen). The ovaries may generate a large number of tiny collections of fluid (follicles) and fail to release eggs on a regular basis

What is the Cause of PCOS?

The aetiology of polycystic ovary syndrome is unknown, however it may be caused by a mix of hereditary and environmental factors.

Infertility and PCOS

PCOS has a negative impact on fertility since women with the syndrome do not ovulate (release an egg) every month because their ovaries produce too much oestrogen. Because ovulation is irregular, periods become irregular, and high levels of hormones like testosterone can affect egg quality, inhibit ovulation, and leads to infertility.

What are the Signs and Symptoms of PCOS?

- Irregular menstrual cycles– Infrequent, irregular, or prolonged menstruation cycles, or less than eight periods per year, or none at all.
- Hair growth on the face, chest, and back is excessive.
- Hirsutism is a condition characterised by excessive hair growth.
- Acne
- Male pattern hair loss
- Hair thinning
- Raised, velvety dark discolouration over the nape of the neck, underarms, elbows, and beneath the breasts.

For irregular periods, book your appointment today at [KK speciality clinic and hospital](#) and cure your PCOS problems and infertility with our top [gynecologist for PCOS Treatment in Dahisar](#) by [Dr. Kausha Shah](#).