



## Is yoga a good career option?

The famous quote "The greatest wealth is health" is absolutely right in the current health scenario in the world. Everyone is busy scheduled in their own respective fields. Nobody has time to spend on their health. In such a situation, we need 21st century innovative ideas to maintain our health. But unfortunately, that alone cannot help, we need something more precious that our ancestors passed down to achieve this health goal.

Regular practice of [yoga](#) is the best choice that can be available to those who are seeking healthy life in their busy schedule life. Nowadays the waves have been drifting drastically since the popularity of yoga has shot up in the last few years. It seem like an emergence of new career path as yoga professionals. More and more youth are attracting towards this path. It's not only a lifestyle but a good monetary earning career.

There are different ways to become a [yoga professional](#) like getting a university degree or gurukul studies from an ashram. Mostly it is preferable to learn from a traditional yoga school which provides authentic knowledge of yoga. There are myriads of schools available across India.

Among them one such authentic yoga school is AMODAGIRI YOGA SANCTUARY, which is located in God's own country Kerala. The traditional way of Hatha yoga along with the ancient knowledge of Ayurveda is incorporated with the courses they are provided.

[200 hour YOGA TTC program](#) in hatha yoga from yoga alliance US is provided by the Amodagiri. The best faculty with best facilities are the major attraction of the school.

It is heartfelt welcoming call to the sanctuary with all love. Come and join the family to become an authentic yoga teacher.

For More....

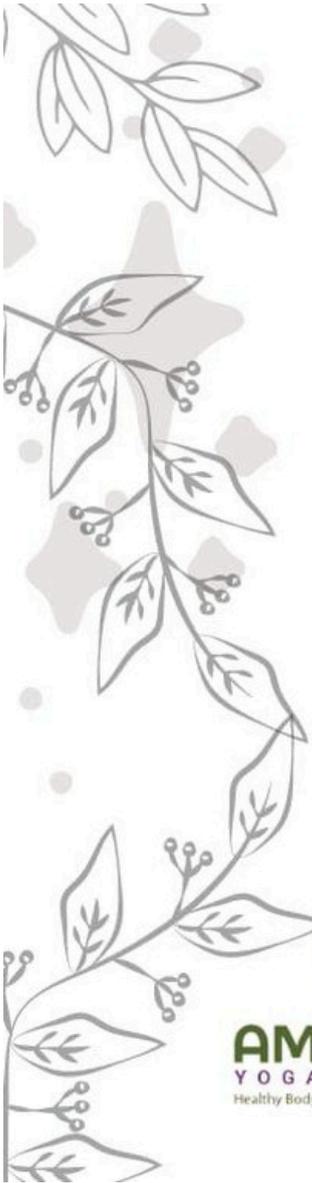
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Yoga teaches you how to  
listen to your body



**AMODAGIRI**  
YOGA SANCTUARY  
Healthy Body • Healthy Mind • Healthy Life