



# Northumberland

#DIYWithNH

Honey is considered a Natural Remedy for Dry Skin especially during the winter time.

It is an ideal at-home treatment which has several hydrating properties that provides your skin with the perfect amount of moisture it requires.

Various studies have found honey to be essential for Healing and is considered to be an Anti-Inflammatory.

Stay Tuned on our page for more quick at-home remedies.

Visit [www.northumberlandheights.ca](http://www.northumberlandheights.ca) for more information.

