



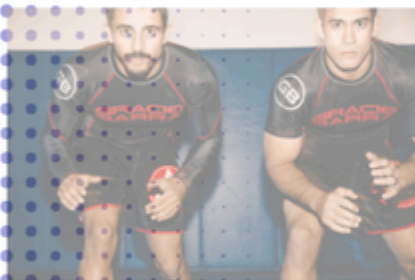
Martial arts hoppers crossing



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FUNDAMENTALS PROGRAM

The GB Brazilian Jiu Jitsu Program teaches the best self defence skills and also the students will experience a deeper involvement in GB's philosophy, a stronger bond with training partners as well as more discipline and commitment to healthy habits that keep them in good shape.



WELCOME TO GRACIE BARRA IN HOPPERS CROSSING!

At Gracie Barra Hoppers Crossing, we want you to have the best Brazilian Jiu-Jitsu experience you can have so we have designed our gym to suit your needs. Our large training facility has just about every feature you could wish for in a modern, premium martial arts gym.

RAINN

You'll notice a very positive and friendly environment when you enter our school. Although martial arts can be intimidating for women, our classes is definitely not intimidatina.





BENEFIT OF JOINING OUR WOMENS PROGRAM

- Learn how to protect yourself from most common attacks
- Develop awareness and self-confidence to deal with typical assaults against women

WWW.GBHOPPERSCROSSING.COM.AU

We provide Brazilian gracie jiu Jitsu bjj, mixed martial arts and mma training in hoppers crossing point cook Melbourne for self defence. Visit <https://gbhopperscrossing.com.au/> us here.