



## Why Have Pork Products?

Pig production in Kenya is very popular. Pork is meat that is derived from pigs. This meat is rich in essential vitamins, protein, minerals and good amino acids which is good for your health. Pork when trimmed of visible fat is nutrient-dense satisfying which is good for you.

<https://sites.google.com/view/why-have-pork-products/home>

