



## Best use of telmisartan 40 mg

Telmisartan oral tablet is a prescription drug used to lower your high blood pressure(hypertension) and lower your risk for heart attack, stroke, or death from heart disease. The drug is given to elderly adults over 55 who have a high risk of major heart disease and cannot take angiotensin-converting enzyme inhibitors.

### The best use of Telmisartan and its side effects are

As telmisartan 40 MG Tablet widens and dilates the blood vessels, it relaxes them. In addition, it helps the kidneys flush out excess salt and water, thereby lowering blood pressure. As a result, Telmisartan 40 MG Tablet is highly effective at treating hypertension.



Telmisartan 40 MG Tablet works by blocking Angiotensin's effects. This prevents a receptor from being activated by the Angiotensin II hormone, which normally increases blood pressure when the blood pressure is low. It lowers blood pressure by dilating and relaxing the muscles

of the blood vessels. This enables your kidney to eliminate the excess water and salt. Learn More: [Best Medicine For Headache](#)

It is usually prescribed that Telmisartan Tablets be taken once daily at a dosage of 40 mg. If you suffer from serious heart conditions, your doctor may increase the dose to 80 mg. To achieve the best results, you should finish the course of medication according to your doctor's prescription. Make sure you don't miss a dose, and if you forget, don't take an extra dose to make up for it.

If you experience any serious side effects, such as fainting, muscle weakness, or slow/irregular heartbeat, tell your doctor right away.

Although telmisartan can be prescribed to prevent kidney problems or to treat those who already have kidney problems, it can also rarely worsen kidney problems. In the course of taking telmisartan, your doctor will check your kidney function. In case of any kidney problems, such as a change in urine quantity, contact your doctor right away.

Therefore mainly to treat high blood pressure, telmisartan may be taken in combination with other blood pressure-lowering drugs. Find telmisartan 40 mg at Knoll Healthcare online.

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