



WHAT IS MYOBRACE & MYOFUNCTIONAL TREATMENT

Myofunctional Treatment and MYOBRACE is focussed on treating the causes of [teeth](#) crowding using specific removable appliances and specific exercises for the oral muscles. By removing the causes leading to crooked teeth your child will develop straighter teeth and proper jaw alignment naturally.

Main causes of teeth crowding include:-

- Tongue tie
- Mouth breathing
- Habits such as thumb-sucking
- Poor lip and tongue posture from extended use of pacifiers or milk bottles.

How It Works?

MRC has pioneered the use of appliances to correct myofunctional habits in growing children and has proven success in orthodontic correction without [braces](#). This treatment also leads to better facial development in growing children. The key to this treatment is correcting the position and function of the tongue, obtaining correct nose breathing and retraining the oral muscles to function correctly. At [dental Singapore](#), a programme comprising specific breathing exercises, tongue exercises, lips exercises, swallowing exercises and nutrition will be customised for your child. These exercises together with the use of the myobrace appliances will correct myofunctional habits and retrain the oral musculature to align the teeth. A client log in password will be issued for all patients undergoing the Myobrace programme to keep track of their exercises on their home desktop, laptop, handphones and other smart devices

Make an appointment with us to find out if you are eligible for a dental implant. Are you looking for a [Dental Clinic in Singapore](#) you can call us at +65 64404605 or email us at info@coastdental.com.sg for a no-obligation consultation to go through each option in detail to make a fully informed decision.

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