



CBD OIL IS NATURE'S OWN NATURAL MEDICINE

It's gaining momentum within the health and wellbeing world, using some scientific tests confirming it may help treat various ailments like chronic pain and stress. [Cbd oil](#) is really a popular all-natural remedy used for all common ailments.

Better called CBD, it's but one of the 104 compound compounds known as cannabinoids found at the cannabis or marijuana plant, Cannabis sativa Tetrahydrocannabinol (THC) is the major psychoactive cannabinoid present in cannabis, also results in the feeling of becoming "high" that is frequently associated with marijuana. But, unlike THC, cbd oil is not psychoactive.

This quality makes CBD an appealing choice for those that are looking for respite from pain and other ailments without the mind-altering effects of bud or certain pharmaceutical drugs. It's gaining momentum in medical and health world, using some scientific studies confirming it might help cure many different ailments such as chronic pain and stress.

Here are just seven health benefits of CBD oil that are backed by scientific evidence.

1. Can Alleviate Pain Marijuana has been used to deal with pain as far back since 2900 B.C. Recently, scientists can see that particular components of marijuana, for example CBD, are accountable because of its pain-relieving consequences. The human body comprises a technical procedure called the endocannabinoid system (ECS), that can be involved in regulating a variety of functions including sleep, appetite, pain and immune system response

Your system produces endocannabinoids, which are neurotransmitters that bind to cannabinoid receptors in your nervous system. Studies have shown that cbd oil might Reduce chronic pain from affecting endocannabinoid enzyme activity, reducing inflammation and Reaching hormones, For Instance, one study in rats found CBD injections decreased pain reaction to surgical incision, whereas some other rat study found that oral CBD treatment significantly reduced sciatic nerve inflammation and pain

Several human studies have found a blend of CBD and THC works well in treating pain related to multiple sclerosis and arthritis. An oral spray called Sativex, that is a combination of THC and CBD, is approved in several states to deal with pain related to multiple sclerosis.