



## Ancient Masters who did not eat meat and were vegans

The Ancient Roots of Plant Based Diet' Vegetarian Philosopher Quotes – Santos Bonacci

<https://www.bitchute.com/video/2zZtn2is0YPX/>

## Santos Bonacci on Ancient Philosophers, Vegetarianism and Animals

<https://www.bitchute.com/video/WR3DRU2zoDwj/>

The Nazarenes also opposed the eating of meat. In the oldest complete copy of the bible ever found, the Evangelion Da-Mepharresh, we find Jesus saying at Luke 21:34:

“See that you do not make your minds heavy, to do this, never eat meat or drink wine.” – Luke 21:34, Evangelion Da-Mepharresh

Why is this saying of Jesus no longer found in our modern day gospel of Luke? Was this rejection of eating meat from Jesus an anomaly? Maybe a missing bible verse like this can help explain why all the early leaders of the church were recorded as being strict vegetarians.

For example the early church historian Eusebius (AD 263 – 339) wrote that **James the brother of Jesus, who also wrote the epistle of James found in the bible was a vegetarian.**

Eusebius writes:

**“He drank no wine or strong drink, nor did he eat meat”** (Eusebius, Historia Ecclesiastica)

Of the disciple Matthew it was recorded by Clement of Alexandria that:

“the apostle Matthew partook of seeds, nuts and vegetables, without flesh” (Clement of Alexandria, The Instructor) In one of the oldest documents in Christianity the ‘Clementine Homilies’ we see the apostle Peter quoted as saying:

“He drank no wine or strong drink, nor did he eat meat.” - (Clementine Homilies)

These things are foreign to modern Christians who believe they have the right to eat and drink anything they want and while they are right they do have a right to eat or drink anything they want but in calling themselves Christians they have alienated themselves from the very founders of their faith.

"Then God said, **“Behold, I have given you every herb that yields seed which is on the face of all the earth, and every tree whose fruit yields seed; to you it shall be for food.** Also, to every beast of the earth, to every bird of the air, and to every creature that crawls upon the earth, in which there is life, I have given every green herb for food. And it was so." - Genesis 1:29-30

**"If one has killed an animal, one must himself be killed by that same animal. This is called mamsa.**

Mam means “me,” and sa means “he.” As I am eating an animal, that animal will have the opportunity to eat me."

- Srimad Bhagavatam 10.10.14, Srila Prabhupada

“To avoid causing terror to living beings, let the disciple refrain from eating meat... the food of the wise is that which is consumed by the sādhus; it does not consist of meat.”

The Buddha.

“If you declare that you are naturally designed for such a diet, then first kill for yourself what you want to eat. Do it, however, only through your own resources, unaided by cleaver or cudgel or any kind of ax.”

The Roman Plutarch, in the essay, “On Eating Flesh.”

“As long as men massacre animals, they will kill each other. Indeed, he who sows the seeds of murder and pain cannot reap joy and love.”

Pythagoras

“Truly man is the king of beasts, for his brutality exceeds them. We live by the death of others. We are burial places! I have since an early age abjured the use of meat...”

Leonardo da Vinci.

“Nonviolence leads to the highest ethics, which is the goal of all evolution. Until we stop harming all living beings, we are all savages.”

Thomas Edison.

“Flesh-eating is simply immoral, as it involves the performance of an act which is contrary to moral feeling—killing.”

Leo Tolstoy.

“It may indeed be doubted whether butchers’ meat is anywhere a necessary of life... Decency nowhere requires that any man should eat butchers’ meat.”

Adam Smith.

“I look my age. It is the other people who look older than they are. What can you expect from people who eat corpses?”

George Bernard Shaw.

“A dead cow or sheep lying in a pasture is recognized as carrion. The same sort of carcass dressed and hung up in a butcher’s stall passes as food!”

J. H. Kellogg.

“It is my view that the vegetarian manner of living, by its purely physical effect on the human temperament, would most beneficially influence the lot of mankind.”

Albert Einstein

“I do feel that spiritual progress does demand at some stage that we should cease to kill our fellow creatures for the satisfaction of our bodily wants.”

Mahatma Gandhi



@vegantakeOver



**THE REAL COLOR  
OF COWS MILK**

# WHY YOU SHOULD **DITCH** DAIRY

Growth hormones clog your pores cause acne, eczema & psoriasis.



Casein in cows milk is the most relevant cancer promoter ever discovered.



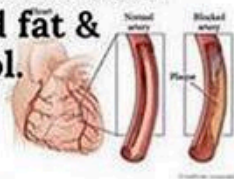
Cheese has such a strong opioid on the brain making it dangerously addictive.



Linked to chronic diseases like heart diseases, diabetes and osteoporosis and so on.



An increase in cardiovascular disease is seen due to high amounts of saturated fat & cholestrol.



Makes losing weight difficult due to high saturated fat content & inflammation.



calcium from milk is poorly absorbed compared to plant-based milk.



You are a human baby. Not a baby cow. Humans are the only species on the planet that drinks milk of another species.

Causes milk allergy & sensitivity reactions.



@veganfitlyfe



Lactose doesn't digest properly leaving people chronically bloated, gassy & sick.

There are a lot tastier alternatives like coconut & almond based milks



Slaughterhouse animals are frightened, diseased & pumped with tons of big pHARMA drugs & antibiotics. Cows are conscious & have the intelligence of a 5 year old. They can see, sense, feel & understand pain, suffering, sadness & tragedy — so when they experience the enslavement & see the slaughtering of family members & others, the animal produces harmful frequency & vibration within their DNA codes. These codes are transferred into the person who consumes this meat. ☠️

The meat industry created a dairy industry — together they fuel big pHARMA. Big pHARMA is scientism & lawmakers' puppeteer. They created the food pyramid chart & made cow milk the top beverage in schools. That's why you grew up eating GMO & sugar cereal with cow milk.



I'm not a vegan too. I just don't eat gross low vibrational foods, covered in concoctions of cancer-causing chemicals — proven to taste great to humans. If you realized the media pumps

out fake news, then realize restaurants & grocery stores sell fake foods. 🤢



**What happens when humans consumed 'slaughterhouse animals' that are diseased & full of big PHARMA drugs & antibiotics?**

Even if a human is unaware of eating an animal that lived in horrible conditions, because the food is nicely packaged or served hot with tasty seasonings on a plate — that 'lowered' Energy, frequency & toxins are transferred in that human.

The toxins & its energy move into the human's DNA codes — which manipulates & alters the human's daily life. The current Karmic Energy is the most potent it has ever been. When a human is loaded with toxic animals, the unaware human will one day faced an ailment, illness,

and/or disease that will arise suddenly. By then, changing a critical health issue which will require very difficult & extreme changes.

Raising consciousness means a change in diet & lifestyle. ✨🙏👁️❤️✨

Matrix foods is all poison slave food. Slaughterhouse animals are all poisoned. Matrix food's purpose is kill humans slow enough for their monthly co-pay to the insurance & medical industrial complex. This may be one of the hardest red pills for many humans — because matrix food 'taste' so good.

Taste is a program & it can be reprogrammed too. Most people can not give something up because of how addicting the taste is. Addictive chemicals & parasites sends electrical signals to the brain that creates the cravings for toxic foods. Humans are treated like bugs or rodents that can not resist certain 'tasty' foods — rat poison & roach motels function the same way.



<https://t.me/drue86/18168>

Do NOT eat the Swine. ❌🦴❌

I believe this was even stated in the Bible. Pigs are LOADED with passable diseases & toxins to Humans. Pork is a big inflammatory food. Pigs do NOT sweat, so toxins stay in their bodies. They eat anything & everything. Matrix pig farmers have fed pigs plastic toys.

Pig is considered a derogatory term for Humans. You are what you eat.

Have YOU seen a pig farm? Where yall think the term 'pigsty' comes from? Why do you think the matrix promotes ham sandwiches, pork chops & BACON everywhere & in everything?!

Pork is like a Disney cruise ship anchor to your Ascension journey.

<https://t.me/drue86/38803>