



captain of Team India KL Rahul is keeping things 'Klassy' ahead of the South Africa series

The captain of the Indian cricket team, KL Rahul, is gearing up for the upcoming South Africa tour with unparalleled dedication, leaving cricket enthusiasts in awe of his commitment to fitness and preparation. Through a series of social media posts, fans got a glimpse into his rigorous workout routine, showcasing the hard work he's putting into conditioning and strength training. One of the videos of KL Rahul practicing on the net has gone viral.



While KL Rahul won't be part of the T20 squad for the upcoming series against South Africa, he's set to lead the Indian team in the One Day Internationals and play a pivotal role in the Test series. The month-long tour, starting on December 10, holds immense significance as Team India strives to hone its skills ahead of the T20 World Cup scheduled in the United States and West Indies next year.