



# Erotic Massage - Tips and Techniques for a Romantic Interlude

A good memorable erotic massage takes planning. The actions you take earlier than actually giving the massage are just as important as the massage process itself. Setting the appropriate mood is vitally important in making your delicate massage as pleasurable and satisfying as intended.

## Setting the very Mood

An erotic massage should be a pleasant, sensual experience. Making sure that both you and your partner have the best experience possible, a little bit of following steps to set the stage for a truly sensual rub down.

- o Privacy - Plan ahead to avoid interruptions. Arrange for children to always be away, lock the doors, turn off the phones, and eliminate every potential distraction.

- o Location - Select a spacious and comfortable massage therapy area. Beds are much more comfortable than couches or the floor. At the same time make sure that the room is neither too warm nor too interesting so that your partner is able to enjoy the massage without excessive heat and also chill.

- o Ambiance - It's important to set a romantic, sensual ambiance. Dim the lights, play some relaxing or erotic song, and light a candle or two to emit a romantic glow in addition to subtle fragrance. Using one of the new massage candles especially developed to use when giving massages, would be perfect for this purpose. Not only will the massage candle provide a romantic ambiance, but it melts to become a nice and sensual massage oil that is ideal for giving the stroke itself. Know more visit on <https://nurumassagedallas.com/erotic-massage-dallas/>

- o Personal Preparation - Prior to the massage, suggest that your significant other take a luxurious bath, complete with bath salts and candlelight. Your significant other will be freshly bathed, fully relaxed, and ready to enjoy your erótico massage.

## Giving the Massage

First, it's important to relax and enjoy you. Because this is an erotic massage, rather than one for therapeutic benefit, you do not need to worry about exact technique. An erotic massage is intended to wind down your partner, and eventually heighten his or her arousal if desired. This is very easily achieved, even for beginners, if you follow these tips.

You will want to start gently, being sensitive to your partner's response. You can then adapt your procedure accordingly. While giving a great massage takes a bit of practice, it is usually very hard to give a bad one. Simply strive to keep your movements tender plus rhythmic, and remain aware of how your partner is responding.

To start learning, simply rub some massage oil or cream in your possession and warm it prior to starting. If you're using a massage candle for this reason, your oil will already be warmed to just above body temperature and it will be ready for use after melting.

Where should you start the restorative massage? That's really up to you. While there is no right or wrong way to begin, it's actual somewhat natural to start with your partner lying on his or her abdominal. You might start at the shoulders, then move to the neck, affordable the shoulders again, and then on to arms, upper back, lower back, bum, thighs, calves, and eventually the feet.

You may wish to have your partner move to goes into at that point. You might start at the feet and gradually work route back up the body. Some suggest working on the feet and legs, then simply skip to the upper body, moving slowly back down toward the digestive system and pelvic area. Working on certain areas longer, or more often rather than others, is both appropriate and desirable. Just be sure not to labor too long on areas of extra sensitivity.

Some areas might be perfect massaged somewhat softly, while others respond more to deeper massage. Simply start experimenting. Just remember to always be tender and to keep your stances flowing.

The whole concept of erotic massage involves being touched in a way that will subtly arouse your partner sexually. As you explore his or her shape, try to do it in a way that creates a continuous flow of movement, as well as to elevate the level of intimacy as the massage progresses.

If you are doing a couple's therapeutic massage for the first time, or learning to please a new partner, it's especially imperative that you communicate. You don't necessarily have to ask if every motion everyone try feels pleasurable, but don't be afraid to ask if he or she would like you to massage an area more softly or slowly, for example.

Your company partner's breathing can also provide an excellent indication of how you are doing. His or her respiration can give you information about their state of relaxation. As the massage progresses, most of their breathing may indicate a more aroused state, which if desired, may give you exactly the type of feedback you are hoping for!

Always remember there is absolutely no correct way to do an erotic massage. Just stay answering to your partner's response and gauge your movements accordingly. As you may become more experienced, it will become second nature to you. In the meantime, enjoy getting your sensual massage... and prepare to experience an incredible romantic interlude after!