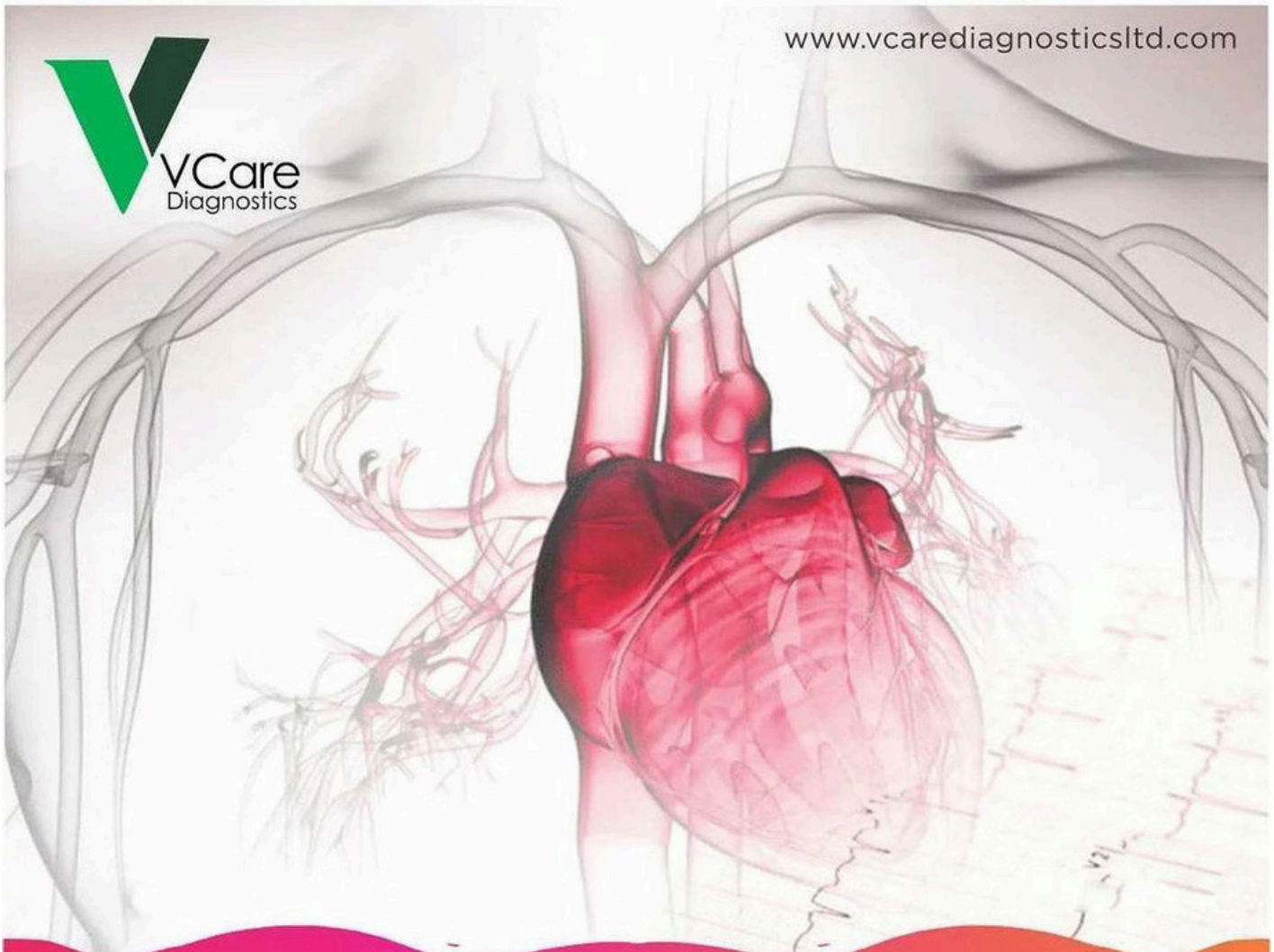




## Dental Hygiene is Crucial



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Dental health is a good indication of overall health. It includes your heart because people with periodontal (gum) disease often have the same risk factors for [heart disease](#). Many studies have shown the issue about the bacteria involved in the development of gum disease may also move to the bloodstream. It may result in the risk of stroke or heart disease.