



Can I receive Social Security Disability and Spousal Benefits?



Is it possible to receive both Social Security Disability (SSDI) and Spousal Benefits at the same time?

If you are eligible for both [Social Security Disability Insurance](#) (SSDI) benefits and spousal benefits, you may be able to receive both benefits at the same time. However, the amount of your spousal benefits may be reduced if you are receiving SSDI benefits.

To be eligible for spousal benefits, you must be married to someone who is receiving Social Security retirement or disability benefits, and you must meet certain other requirements, such as being at least 62 years old.

To be eligible for SSDI benefits, you must have a qualifying disability that prevents you from working and earning a living. You must also have worked and paid into the Social Security system for a certain number of years, depending on your age at the time of disability.

If you are eligible for both SSDI benefits and spousal benefits, the Social Security Administration will calculate the amount of your combined benefits and pay you the higher of

the two amounts. However, your spousal benefits may be reduced if you are receiving SSDI benefits based on your own work history, because you are already receiving a benefit based on your own earnings.

It's important to note that the rules and eligibility requirements for SSDI and spousal benefits can be complex and may vary depending on your individual circumstances. If you need assistance or have questions, please feel free to contact attorney Christopher Le at 210-885-3408.