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Oct 29, · In this comprehensive guide, we will delve into the nutrition facts of 20 popular Bakers Crust products, shedding light on the calories, fats, sugars, and other essential . Full nutritional breakdown of the calories in Baker's Crust Wine Country Salad based on the calories and nutrition in each ingredient, including Candied Pecans, Raspberry Vinagrette, . Bakers Way, P.O. Box , Manhattan, KS AIB International Food Labeling Nutrient Value Unit Calories Total Fat Saturated Fat Trans Fat Cholesterol Sodium Total . Bakers Way, P.O. Box , Manhattan, KS AIB International Food Labeling Nutrient Value Unit Calories Total Fat Saturated Fat Trans Fat Cholesterol Sodium Total Carbohydrates Dietary Fiber Compliant Sugars Added Sugars Protein Vitamin D mcg Calcium Iron Potassium 2 0 0 0 28 1 3 2 4 70 90 kcal g g g mg mg g g g g mcg. Oct 29, · Can Bakers Crust be part of a healthy diet? Yes, Bakers Crust can be part of a healthy diet when consumed in moderation. Pairing your Bakers Crust choice with vegetables or a fresh salad can create a balanced meal. Opting for whole wheat or gluten-free crusts, as well as high-protein and fiber-rich toppings, enhances the healthiness of your. Bakers Square Restaurant has provided this nutritional guide to help you make better informed decisions when dining at Bakers Square. Please note that we often make changes to our menu to better serve you so be sure to check back to the site for the most updated information. Thank you! Updated July, BSQ_PNUT_ Fruit & Berry Pies.