



# What Should Caregivers Know About Nursing Homes?

## What Kind of Care Can You Get at a Nursing Home?

[Nursing homes](#) provide the most healthcare services available outside of a hospital. Nursing facilities provide both basic and skilled care, such as assistance with bathing, dressing, and eating. A registered nurse provides skilled nursing care, which includes medical monitoring and treatments.

Physical, occupational, and respiratory therapists are examples of specifically trained specialists who provide skilled treatment.

## What Kinds of Services Do Nursing Homes Provide?

The services provided by nursing homes differ from one facility to the next. Typical services include:

- Board and lodging
- Medication monitoring
- Personal attention (including dressing, bathing, and toilet assistance)
- Emergency services are available around the clock.
- Recreational and social activities.

## What Is the Best Way to Locate a Nursing Home?

It takes time to find the proper nursing home. It's critical to start looking for an appropriate nursing home well ahead of time before applying for admission. There are frequently substantial wait times for suitable lodging. Moving into a nursing home can also be made much easier if you plan ahead.

Discuss what services you'll require with your family and caregivers. Before phoning around to different nursing homes, think about what services are important to you.

## Consider the following questions:

- What daily activities (bathing, clothing, toileting assistance, eating) do I require assistance with?

- How often do I require assistance?

Ask about vacancies, admission standards, level of care provided, and participation in government-funded health insurance alternatives before organising a visit to the [nursing homes](#) you're interested in.

