



# Wrinkle Reduction Tip - Simple Way To Bring Your Skin Back To Life

## Natural wrinkle reduction through healthy and clean skin

Hours after this simple treatment and my whole face still feels tingly, clean and alive. The cleansing and healing effect of clay has a lot of backing in literature and medicine. Clay has been used since the dawn of time by man and animal. Birds eat it to be able to digest unripe berries that are toxic.

We humans have used it for centuries in healing, cosmetics and even as building material. From big to small. It is even being studied for its antibacterial properties in treating deadly ulcers.

Our skin is a detox organ, we push out bad and unhealthy stuff we need to get rid off through our skin. Not only that, we have dust and pollution attaching itself as we walk through a busy street. [皮秒激光](#) When it gets clogged it turns toxic and so do we

This is a main cause for wrinkles, dead, dull and thinning faces.

Not what you want? Clay may just be the answer.

## Now what can it do for wrinkles and the health of your skin.

I remember back as a child this was one of the first and most memorable beauty tips my mother ever gave me. Little did I know It would take me another 15-20 years to rediscover it for its wrinkle reduction and health properties.

At the time I was suffering with pimples and blackheads as many teenagers do. Clogged pores due to hormones. The household remedy, [證券行開戶](#) clay face mask. Being truly frustrated with my oily and horribly pimped face, you know teenagers; pimples are a matter of life and death.

So from the recesses of the beauty closet came a blue metallic tube with a sharp looking white cap, yes mama had a closet full. It was dark almost black Dead Sea clay, it was a very thick paste and had a distinct sulfur smell to it.

Some things I didn't know back then about how to use it and why, doubt even my mother knew, she enjoyed the shopping aspect more I suspect.