



The 9 months

[Every pregnant lady should have 'The 9 Months' application that helps to know what to eat or drink and what to avoid for a healthy pregnancy. During pregnancy, this ultimate pregnancy guide will help you and your baby to stay healthy in all seasons.](#)

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[Playstore Link- https://play.google.com/store/apps/details?id=com.bywisewomen.milkeyway](https://play.google.com/store/apps/details?id=com.bywisewomen.milkeyway)

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For
FIRST TIME MOMS
The Ultimate Pregnancy Guide on

What to Eat or Drink and
What to Avoid **When Pregnant!**

GET THE APP

The 9 Months

