



DermaI Fillers Versus Botox

Used by millions, botox and fillers are the most common types of non-invasive plastic surgery to restore a youthful appearance. Both treatments can combat signs of aging and are relatively painless. Most importantly, they are effective and used by many in 78 countries worldwide. With time, the volume in the face gradually loses, while creases deepen, and the face appears a bit hollow. Also, the inevitable appearance of lines and wrinkles becomes apparent with aging. Even with proper skin care and staying out of the sun, many wrinkles stem from how the muscles in the face move.

What is Botox?

Botox is actually made from botulism, a bacteria that causes botulism. The same toxin that is known to cause a life-threatening type of food poisoning called botulism; however, doctors are using small doses to treat health problems such as:

- Temporary lessen the appearance of wrinkles
- Chronic migraine
- Misaligned eyes
- Severe underarm sweating
- Severe neck and shoulder muscle contractions
- Uncontrollable blinking
- Overactive bladder.

In particular, botox injections should only be administered by trained medical professionals, even when used for cosmetic purposes. Also, botox injections should be given with space at least three months apart. The botox must be given into more than one area at a time, depending on the condition being treated. Henceforth, botox injections work by weakening or paralyzing specific muscles or blocking certain nerves. Depending on the treated area, the effects last about three to twelve months. Remember that Botox should not be given to those allergic to botulinum toxin, pregnant women, and breastfeeding as its most common side effects are pain, swelling, or bruising at the injection site. It could also give flu-like symptoms, headache, and upset stomach, while injections in the face may also cause temporary drooping eyelids.

What Are DermaI Fillers?

Dermal fillers are actually medical device implants that the FDA approves for use in helping to create a smoother. It also helps ensure a fuller appearance, including nasolabial folds, cheeks, chin, lips, and back of the hands. It is highly recommended that dermal fillers are only applicable for adults 21 years of age and above to treat those moderate to severe facial wrinkles and skin folds, such as nasolabial folds and perioral lines. Another use of dermal fillers is to increase the volume of lips, cheeks, chin, and back of the hand and restore and correct signs of facial fat loss in people with human immunodeficiency virus (HIV). Also, it helps with the correction of contour deficiencies, such as wrinkles and acne scars. These are the types of dermal fillers with approved uses on:

- Calcium hydroxylapatite (Radiesse) is a temporary gel solution that lasts for 18 months. It is a natural mineral-like compound found in human bones.
- Hyaluronic acid is a temporary material that loses effect after 6 to 12 months. The injection is used to improve the skin's contour and reduce depressions due to scars, injury; the list goes on.
- Poly-L-lactic acid (Sculptra, Sculptra Aesthetic) is a man-made material that lasts about two years. It is a synthetic dermal filler injected into the face, causing the body's collagen production.
- Polymethylmethacrylate beads are the only permanent type of dermal filler available. Cosmetic surgeons highly use them to plump thin lips, enhance cheekbones and the jawline, to name a few.

Overall, it is suggested to seek a licensed health care provider with experience in dermatology or plastic surgery to administer the dermal fillers to understand its limits and probable risks. Dermal fillers may inflict side effects which occur shortly after injection, such as bruising, swelling, redness, pain, tenderness, itching, rash, but they are resolved in a few weeks.

[Botox Versus Dermal Filler](#)

Botox injections freeze muscles to stop creases and wrinkles caused by facial expressions found in the forehead and around the eyes. At the same time, dermal fillers typically use hyaluronic acid and similar substances to fill in or plump areas with lost volume and smoothness. Depending on what the person is trying to achieve, both treatments offer an overall natural look. With a good balance of botox and fillers, one can sustain a natural facelift without surgery. Also, both are complementary treatments to each other since they give a good balance of the upper and lower face when injected.

How Long Do Botox and Dermal Fillers Last?

The botox injection would typically last up to three to six months depending on how the body reacts to the injection, while dermal fillers will last from six up to twelve months, with other cases that can even last up to 18 months. Dermal fillers might produce more long-term results on some patients, but this treatment also carries more side effects than Botox injections. Nonetheless, it would be best to remember that botox and dermal fillers treat different problems slightly and are usually used in other areas of the face. Some variables include the skin, the amount injected, and the exact dermal injectable used. Some semi-permanent injections will last longer, although there will be some reduction in the obtained tightness after six to 12 months. Once again, whether one decides to go for botox injections or dermal fillers, licensed medical professionals have to rely on them to administer these treatments to avoid disaster and get the optimum results. Weigh all the options carefully with the chosen healthcare provider.

The Bottom Line

As millions of Botox and Dermal Filler procedures are performed each year with a good track record of safety, always seek out a consultation with the skincare professionals to discuss what these treatments can realistically do to your appearance. [Vyla Aesthetics](#) offers [Botox](#) and [Dermal Fillers](#) that strive to give every client a natural, beautiful look that's never overdone or obvious and will effortlessly restore your youthful appearance by boosting your skin's natural properties.

Ultimately, their passion for aesthetic medicine leads them to understand fillers and injectables are not a one-size-fits-all kind of treatment, so every client is taken personally, taking the time to listen carefully and understand the needs and aesthetic goals that are not fake or over-the-top. It's simply restoring the beautiful glow you've always had.