

## Paṇidhāya parimukhaṃ satiṃ upaṭṭhapetvā

Intending towards the beginning\*, and having looked after the obtention (sati) [of Citta].

See [Sati & Sati](#).

.....

Paṇidhāya

.....

Pali:

Optative of paṇidahati [pa+ni+dhā]

- direct, intend.

.....

Parimukhaṃ

.....

Sanskrit:

■■■ pari

- towards , to (RV. AV.)

■■■ mukha

- introduction , commencement , beginning (Br. MBh.)

.....

Upaṭṭhapetvā

.....

Pali:

Absolutive of upaṭṭhahati.

Upaṭṭhahati & °ṭṭhāti [upa + sthā]

- look after.

-Care for.

.

\* Here, the "beginning" is the first step of ānāpānasati.

So satova assasati, satova passasati.

But it is also the body/breath in the cittasaṅkhāra of Saṅkhārā nidāna, ensuing the avijjā nidāna. The beginning of Paṭiccasamuppāda.