



When is surgery for weight loss considered successful?



Weight loss surgery is considered successful when 50% of excess weight is lost and the loss is sustained for up to five years. For example, a patient who is 100 pounds overweight should lose at least 50 pounds; a patient who is 200 pounds overweight should lose at least 100 pounds. And they should be able to maintain loss successfully for the following five years. Ninety-five percent of patients reach that goal after gastric bypass surgery, and 85% of patients go on to lose 2/3 or more of their excess weight.

If you have any queries regarding weight-loss surgery, do consult Dr. Sukhvinder Singh Saggu the Best [Weight Loss Surgeon in Delhi](#).