



Wisdom Teeth Removal: Best Way To Have A Healthy, Infection & Pain-Free Smile

Wisdom teeth are the third molars in the very back of your jawbones. The big problem with the wisdom teeth is that they remain approximately hidden within the gums. Wisdom teeth become impacted within your jaw if they are not able to emerge properly. As a result, it can cause an infection that can completely damage your teeth root structure or bone support. In such a situation wisdom teeth removal is only the option decided by the dentist.



[Wisdom teeth removal in Dubai](#) is primarily performed by an oral surgeon in the case when all other options to save your tooth have been exhausted. Wisdom teeth that partially emerge through the gums, hard to see and clean can create a passageway that becomes the magnet for bacteria that is the main cause of gum disease and oral infection.

So let's have a look at the problems that includes wisdom teeth:

Not enough room in the mouth

When wisdom teeth are in a growing stage, they take up too much space in the mouth. On top of it, the wisdom teeth cannot be straightened out with braces. There is no procedure to make the teeth fit together when the mouth is overcrowded. Removing them is the only option.

Normally there are only twenty-eight teeth in your mouth before the wisdom teeth grow in. After the growth of wisdom teeth, the number of teeth reaches to thirty-two. For these extra teeth, there is not enough room in everyone's mouth. Wisdom teeth removal is done to make sure enough room is in your mouth.

Aches and pains

Aches and pains are the consequences of the wisdom teeth. If you are suffering from pain, consult your dentist for finding out the right solution. It may be possible that pain might correct itself and there will be no need for teeth removal.

Difficulty in eating

This can also be a reason to have your teeth taken out if you are experiencing a lot of pain during eating. On the other hand, food could be getting stuck in between the gums and the top of the teeth. A lot of problems can be created if you feel difficulty in getting to the back of the mouth and clean well while brushing. The best way to handle this problem is by checking with a dentist to find the right products to fix this problem. Teeth removal is the only choice in the case if it can't be resolved.

Formation of a cyst

A cyst is formed when a cavity next to the teeth becomes filled with fluid. The bones, roots and the surrounding structure can be destroyed, if it is not treated at the right time. It becomes too rigorous. It can also be turned into cancer and require additional surgery.

Improper Teeth growth

Most of the time wisdom teeth can cause problems because they don't have enough room to grow properly. Sometimes, erupting wisdom teeth can grow at various angles in the jaw even horizontally. On the other hand, the wisdom teeth can make the other teeth shift and move over in the situation if they grow in crooked. So, in this case, removal of the wisdom teeth is the only solution because they can also damage the other teeth as well.

Whatever the above conditions are created with your teeth, by visiting a dentist on a regular basis you can prevent your teeth from painful occurrences. A regular routine of brushing and using a mouthwash will keep your smile infection and pain-free. Most importantly, you must remember to visit your dentist regularly.