

## 4 Reasons to See A Dermatologist

Acne, blemishes, and eczema are very common skin conditions. But several skin problems can cause you serious illness. Some skin problems can cause you mild symptoms, while others can intense enough to interfere with your everyday life. itching, redness, pain, rashes and bruising pimples, skin cancer are all signs you need to see a dermatologist as they are specialized in treating problems related to the skin, hair, and nails. Some treatments can improve the quality of your skin and life. While in the condition of skin cancer, staying under the supervision of a good **dermatologist in Los Angeles** on regular basis can be proven to be a lifesaver.

However, hundreds of conditions need the care of experienced and qualified dermatologists but the most serious conditions are included:

Acne and Pimples: Acne and pimples are the most common skin related problems in the United States. It causes various problems like itching, redness, blemishes, deep cysts, bruising pimples, and, white and blackheads. These conditions often occurred due to the overproduction of a substance called sebum from the oil glands which clogs the pores. The blocked pores are attacked by the bacteria that cause acne. While acne is considered the most common issue among teenagers, but it can affect you in at any age. Acne is not a life-threatening problem, but it can put you in deep stress. Without having proper treatment, it can still leave you with permanent and ugly scars. While a good dermatologist in Los Angeles can help you to get rid of such problems completely by providing you oral and topical treatment. It can include medication such as antibiotics, facial creams and gels, chemical peels, and laser therapies.

**Eczema:** Eczema is an umbrella term for several chronic skin problems that cause swollen, dry, red, and itchy skin. It can be a very painful, uncomfortable, and emotionally distressing condition that can leave you in mental trauma. There are seven types of eczema, but the most common type is atopic dermatitis. It may develop skin rashes on hands, chin, cheeks, forehead, and other parts of the body. The rashes can be itching and bruising fluids which can affect your sleep. They also look ugly, as a result, you will be avoiding attending any social meetings and events. But your dermatologists can diagnose the type of eczema by prescribing certain lab tests. And prescribe you medication, creams, and gels. The right treatment will ease your condition by controlling its overactive symptoms.

**Skin Cancer:** It is the other common type of skin disease. It is a curable disease if diagnosed early. Though, melanoma is the most dangerous and life-threatening problem. You will have several early symptoms of skin cancer such as skin growth that changes in size, shape, color, texture, and thickness. If you have such symptoms then you need to book your appointment with a dermatologist in Los Angeles on the earliest basis. After examining your condition, you will be treated accordingly. Your doctor will decide the best treatment for it including surgical, and laser.

**Psoriasis:** Psoriasis stems related to the imbalanced immune systems which can cause skin infection, redness, swelling, and itching. The skin cells pile up on the surface of the skin in the shape of patches. These patches are also known as plaques. These patches are thick, red, and have white scales. The targeted areas of psoriasis are elbows, legs, knees, face, and bottom of the feet. They can also be seen on the fingernails, inside the mouth, or genitals but this is the rarest condition of psoriasis. Your skin specialist can diagnose it by taking a skin test and prescribe you oral medication and topical creams to soothe and heal the skin.