

## Pawpaws are the native fruit of the United States

Pawpaws fruits are native to North America and have been cultivated for centuries by Native Americans. Pawpaws are large, oblong fruits that grow in clusters on Pawpaw trees. Pawpaws are soft and have a custard-like texture with a sweetness similar to ripe bananas. Pawpaws are harvested in the late summer or early fall when they are fully ripe. Pawpaws can be eaten fresh, used in recipes, or frozen for later use.



Pawpaws are a nutritious fruit that is high in vitamins A and C, iron, and potassium. Pawpaws also contain an enzyme that is known to break down proteins, making them a perfect ingredient for tenderizing meat. Pawpaws can be used in a variety of recipes including pies, ice cream, smoothies, and Pawpaw bread.

If you are interested in growing Pawpaws, they can be grown from seed or from transplants. Pawpaws prefer a moist, well-drained soil with a pH of 6.0-7.0. Pawpaws can be grown in full sun or partial shade and will tolerate a wide range of soil types. Pawpaws are relatively pest

and disease resistant, but can be susceptible to aphids and scale insects. Pawpaws are self-fertile, meaning that only one tree is needed for fruit production. However, planting multiple trees will increase the yield of Pawpaws. Pawpaws can be harvested from late summer to early fall.

<u>Pawpaws are a delicious and nutritious fruit</u> that can be enjoyed in a variety of ways. If you are looking for a unique fruit to add to your garden, Pawpaws are a great option!