



Kumara Parvatha Trekking: Your Ultimate Weekend Retreat

INTRODUCTION:

If you're a nature enthusiast looking for an exhilarating adventure that blends breathtaking landscapes, challenging trails, and a sense of tranquillity, the [Kumara Parvatha trekking](#) is an experience you can't afford to miss. Nestled in the Western Ghats of Karnataka, India, this iconic trek offers an ideal weekend escape for trekkers of all levels. Prepare yourself for an unforgettable journey through lush greenery, picturesque valleys, and mesmerizing views, making it the perfect retreat to rejuvenate both body and mind.

- Unveiling the Gem of the Western Ghats

Kumara Parvatha, also known as Pushpagiri, stands tall at an elevation of 1,712 meters (5,617 feet) above sea level, making it the second-highest peak in the Coorg region of Karnataka. The trek takes you through the Pushpagiri Wildlife Sanctuary, an area rich in biodiversity and home to various flora and fauna. The region's diverse ecosystem will captivate nature enthusiasts, birdwatchers, and adventure seekers alike.

- The Trekking Experience

The Kumara Parvatha trek can be accomplished in two days and one night, making it an excellent choice for a weekend getaway. The trekking trail starts from the base village of Kukke Subramanya, which is known for the famous Subramanya Temple. The trail is well-marked but presents a challenging ascent with steep climbs and dense forests.

The initial part of the trek is through thick jungles with towering trees, creating a natural canopy that provides relief from the sun's intensity. As you ascend, the trail opens up to vast grasslands known as "Mantapa," offering magnificent panoramic views of the surrounding valleys and hills.

- Overnight Camping Experience

The highlight of the Kumara Parvatha trek is the opportunity to camp overnight near the Shesha Parvatha, the second peak of the trek. After a tiring but rewarding day of trekking, setting up camp amidst nature's splendour is an unparalleled experience. The tranquil surroundings and the clear night sky adorned with stars make for an unforgettable camping experience.

- Witnessing the Sunrise

An early start on the second day allows you to embark on the final stretch toward the summit before dawn. The trail becomes steeper, but the anticipation of witnessing the sunrise from the peak keeps you motivated. As the first rays of sunlight peek over the horizon, they cast a golden glow on the Western Ghats, creating a breathtaking spectacle that will remain etched in your memory forever.

- Descending and Return

After revelling in the sunrise and capturing its beauty in your heart, the trek continues with the descent back to Kukke Subramanya. Although the journey downwards is relatively easier, it requires careful footing due to loose gravel and steep sections. As you walk back, take a moment to absorb the tranquillity of the surroundings and cherish the memories you've created.

How to travel from Bangalore to Coorg for Kumar Parvatha Trekking?

For taking up this adventurous trek first, you need to travel from [Bangalore to Coorg](#) for which, you have several transportation options. Coorg is approximately 250 kilometres away from Bangalore, and the journey takes around 5-6 hours depending on the mode of transport and traffic conditions. Here are the popular ways to get to Coorg from Bangalore:

- By Road (Car or Taxi):

- The most convenient way to reach Coorg is by hiring a taxi or driving your car. The drive offers scenic views and allows you to stop at your convenience. You can take the following route: Bangalore - NICE Bangalore Mysore Expressway - State Highway 17 - Coorg.

- By Bus:

- Karnataka State Road Transport Corporation (KSRTC) operates regular buses from Bangalore to Coorg. There are both government and private buses available. You

can board a bus from Majestic Bus Station (Kempegowda Bus Station) in Bangalore. The whole journey can take around 5-6 hours which mainly depends on the amount the stops bus takes and traffic conditions.

- By Train:
 - There is no direct train connectivity to Coorg. However, you can take a train from Bangalore to Mysore, which is well-connected by rail. From Mysore, you can hire a taxi or take a bus to Coorg, which is approximately 120 kilometres away from Mysore.
- By Air:
 - You can go to Kempegowda International Airport in Bangalore which is the nearest airport to Coorg. From the airport, you can either hire a taxi or take a bus to Coorg.

Once you reach Coorg, make your way to the base camp for the Kumara Parvatha trek. The trek usually starts from the small village of Kukke Subramanya, which is approximately 20 kilometres from Somwarpet in Coorg.

Tips for the Trek:

- Physical Fitness: Kumara Parvatha trek is considered moderately difficult and requires a reasonable level of physical fitness. Engaging in regular cardio exercises and strength training beforehand can enhance your trekking experience.
- Weather Considerations: [Coorg weather](#) can be unpredictable, so it's essential to check the forecast and carry appropriate clothing, including rain gear and warm layers.
- Essentials: Carry enough water, energy snacks, and a first-aid kit. Don't forget to pack a sturdy backpack and wear comfortable trekking shoes.
- Guides and Permissions: It is advisable to hire a local guide who knows the trail well. Additionally, obtain the necessary permits from the forest department before starting the trek.

Conclusion

The Kumara Parvatha trek offers an unmatched blend of adventure, nature, and spirituality, making it the ultimate weekend retreat for weary souls seeking solace in the lap of the Western Ghats. Whether you are a seasoned trekker or a novice seeking a thrilling escapade, this trek promises an experience that will leave you mesmerized and yearning for more.

And remember make sure to get the updated news regarding the [Kumara Parvatha trek opening date](#) as these dates vary year by year before planning your trek.

As you leave behind the lush green valleys, misty hills, and evergreen forests, you carry with you the memories of the mesmerizing landscapes and the sense of accomplishment from conquering Kumara Parvatha. Embrace the allure of this magnificent trek, and let it be etched in your heart as a cherished memory for a lifetime.

<https://www.universaladventures.in/products/kumara-parvatha-trek-coorg>