



Alexa Hampton: Common Types of Lighting to Add in Each Room

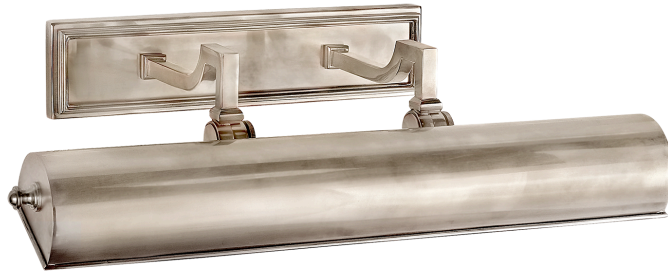
Each room has different functions, for example, lounging, working, and dining. Therefore, it is important to have different types of lighting in each room. However, interior designers generally suggest choosing three types of [Alexa Hampton](#) lighting in each room task lighting, ambient lighting, and accent lighting. Each type of lighting is designed to fill a specific need and used for different purposes, applications, or installed in each room. A layered approach to lighting design will offer a successful lighting scheme that sets the tone for your living space.

Keep on reading to learn the three primary types of lighting for each room of your home:-

Key Types of Lighting:

1. Ambient Lighting:

Ambient lighting refers to general lighting in your home; it is one of the essential types of lighting for each room of your home. These types of lights help to illuminate the whole room so that you and your guests can move safely and quickly throughout the space when it is naturally dark. Some common examples of ambient lights are floor lamps, down-lights, ceiling-mounted fixtures, track lights, chandeliers, and table lamps.



It is necessary to avoid overdoing it with the recessed lighting and ceiling fixtures, as using too many lights can make your room feel like an airport runway and clinical. One interior design trick of this trade is to use dimmers. Dimmers help you to allow the control of the brightness of the room as the natural light will change throughout the day.

2. Task Lighting:

When you are cooking in the kitchen, enjoying a book in your favourite chair, and working at the desk, task lighting is one of the three types of lighting that you will be glad to have. Moreover, task lights are concentrated and help to illuminate a specific focal point that helps you in performing a particular task like reading and writing.

Common types of task lights include down-lights and directional recessed fixtures, portable and desk lamps, and pendant lighting. When you search about the task lamp on the internet, you will likely find desk lamps with articulating arms that you can reposition as important. In addition, task lights may also include the under-cabinet lighting for your workspaces and kitchen. Interior designers suggest isolating the switches for task lighting from a room's entire switch so you can turn on the task lighting when you need it.



3. Accent Lighting:

Accent lighting is another primary type of lighting. Unlike task lighting and ambient lighting that have more utilitarian purposes, accent lighting is used for creating a pleasant atmosphere in your room. These types of lights can be used to highlight an architectural feature, artwork, textiles, a plant, and a collection of objects. Additionally, accent lights are also used to draw attention to something attractive and special that you want to be exactly. Common types of accent lights are included wall-mounted fixtures, wall sconces, candlelight, picture lights, and directional recessed fixtures and track lights.

In A Nutshell:

You can brighten up each room of your home with [AH by Alexa Hampton](#) lighting. From this article, you will find three common types of lighting for each room.

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