



How Telemedicine Services Have Become An Essential Part Of Our Lives



Every citizen needs to learn more about self-help for chronic condition prevention and management, as it will only benefit their health. The National Quality Assurance Committee is a non-profit agency that provides U.S. health plans with accreditation and certification to guarantee that they meet guidelines to optimize health care quality.

Self-care engagement mechanisms are an essential part of the emerging forms of healthcare provision delivered by responsible **healthcare organizations**. Such agencies would benefit greatly from shared savings for healthcare from providing healthy patients who will not burden our emergency healthcare facilities. The effectiveness of these organizations is focused on better collaboration and contact between patients and their health professionals.

There are currently five or more common chronic illnesses seen in healthcare cases. 75% of healthcare spending is on these chronic illnesses. Patients should be expected to play an active role in the treatment of their chronic diseases. To this effect, many European countries have effectively adopted telehealth programs.

In the U.S., the Veterans Department has the most comprehensive and well-received [telemedicine](#) service currently available to meet veterans' needs, specifically those in remote areas. This decreased travel time and emergency trips to treatment centers and a loss of work hours.

Supervision of vital signs, blood pressure levels, glucose monitoring, heart rate, and hemodialysis can all be done at home. The reports are transmitted by text, email, videoconferencing, and telephone to medical practitioners for analysis.

New technologies provide a groundbreaking approach to transmitting body measurements wirelessly. In-home rehabilitation therapy devices provide remote monitoring for therapists to evaluate progress and customize a home therapy program accordingly. Emerging technologies like mobile health apps also play a significant role as telemedicine programs continue to rollout.

CityDoc is a leader in telemedicine services in North Texas and is here for you. If you are tired of wasting time and money on doctor visits, CityDoc's telemedicine services will make life easy for you. As an in-network coverage provider for most insurance programs, we offer affordable health care. Our simple self-pay pricing can go easy on the pocket if you're without insurance. Relax at home or work & connect with **CityDoc Urgent Care** for telemedicine services, which will provide 24/7 access to board-certified physicians for all non-emergent illnesses. Visit **www.citydoc.net** today for more information.