

## How common are ovarian cysts and their symptoms?

Ovarian cysts are common. Most women are unaware that they have a cyst since they generally produce no symptoms and disappear on their own. One in every ten women will need ovarian cyst surgery at some time in their life.

Most ovarian cysts in premenopausal women are asymptomatic and go away without the woman even noticing it. The most frequent symptom of a cyst is discomfort in the lower abdomen or pelvis. Other is

- Period pains or a shift in your menstrual cycle
- Pain in your intestines/pressure on your bowels,
- Intercourse discomfort (dyspareunia)
- Urination has become more frequent and urgent.
- A change in appetite, a sensation of fullness, or bloating
- · An abdomen that is distended or bulging
- Endometriosis may cause difficulty conceiving (getting pregnant).

If you are looking for treatment, Consult Dr. Arohi Tasgaonkar one of the best <u>Gynecologist in</u> Thane.

## Ovarian cyst

